

# Parkinson's Iceberg

 **Fight Parkinson's™**  
Together we can

**Tremor**

**Rigidity**

**Muscle Rigidity**

**Postural Instability**

**Anxiety, Depression, and Emotional Changes**

**Impulsive and Compulsive Behaviours**

**Bladder and Constipation**

**Low Blood Pressure**

**Eating, Swallowing and Saliva Management**

**Dementia and Cognitive Change**

**Speech and Communication**

**Fatigue, Sleep, and Restless Legs**

**Decreased Smell**

**Skin, Scalp, and Sweating**

**Pain Management**

**Walking, Freezing, and Falling**