

ANNUAL REPORT 2022-23

With courage and
leadership, together
we fight Parkinson's



About Fight Parkinson's

Who we are

At Fight Parkinson's, our community is at the forefront of all we do. We believe that with strong sector coordination and leadership and greater community and government support, we can realise better outcomes.

As a leading organisation for Parkinson's, providing research, education and support, over the last 40 years we have greatly improved quality of life for people living with Parkinson's, including Young Onset Parkinson's and Atypical Parkinson's.

Our multi-disciplinary team provides specialist advice and support to people living with Parkinson's, their families, carers and health care professionals through:

- tailored health education programmes and seminars
- a free and confidential health information service
- comprehensive web-based information
- an extensive peer support group network

We are committed to raising funds to advance research that will deliver effective therapies, treatments and a cure, and empowering our community to live full and active lives until a cure is found.

OUR VISION

A world free of Parkinson's, and until a cure is found, for those living with Parkinson's to be empowered to live full and active lives.

OUR MISSION

We will empower people living with Parkinson's to get the most out of life, to be their own advocate and to raise funds to support research in delivering effective therapies, treatments and a cure.

OUR VALUES

The Parkinson's community is at the heart of everything that we do. Our work is done with our heads and hearts entwined to realise the best possibilities for their lives.

Our values are:

- Community and inclusion
- Knowledge and empowerment
- Innovation and advancement
- Courage and leadership

What is Parkinson's



"My walking started to slow to a shuffle. I had several falls at home and in the street. I now use a walking frame and cannot walk alone or unaided outside of the house. This loss of something I loved – my daily walk, or just being able to get out and do some gardening is my greatest loss."

Russell Joyce, 73

Parkinson's is a chronic neurological condition with a range of complex symptoms unique to each individual. The most common symptoms include slowness of movement, rigidity, tremor and postural changes.

The movement symptoms of Parkinson's are well known. However, non motor symptoms can also be part of the condition including pain, depression, anxiety, speech changes, constipation, fatigue and loss of facial expression. Medication and support from health care professionals can help and manage these symptoms, however there is currently no cure for Parkinson's.

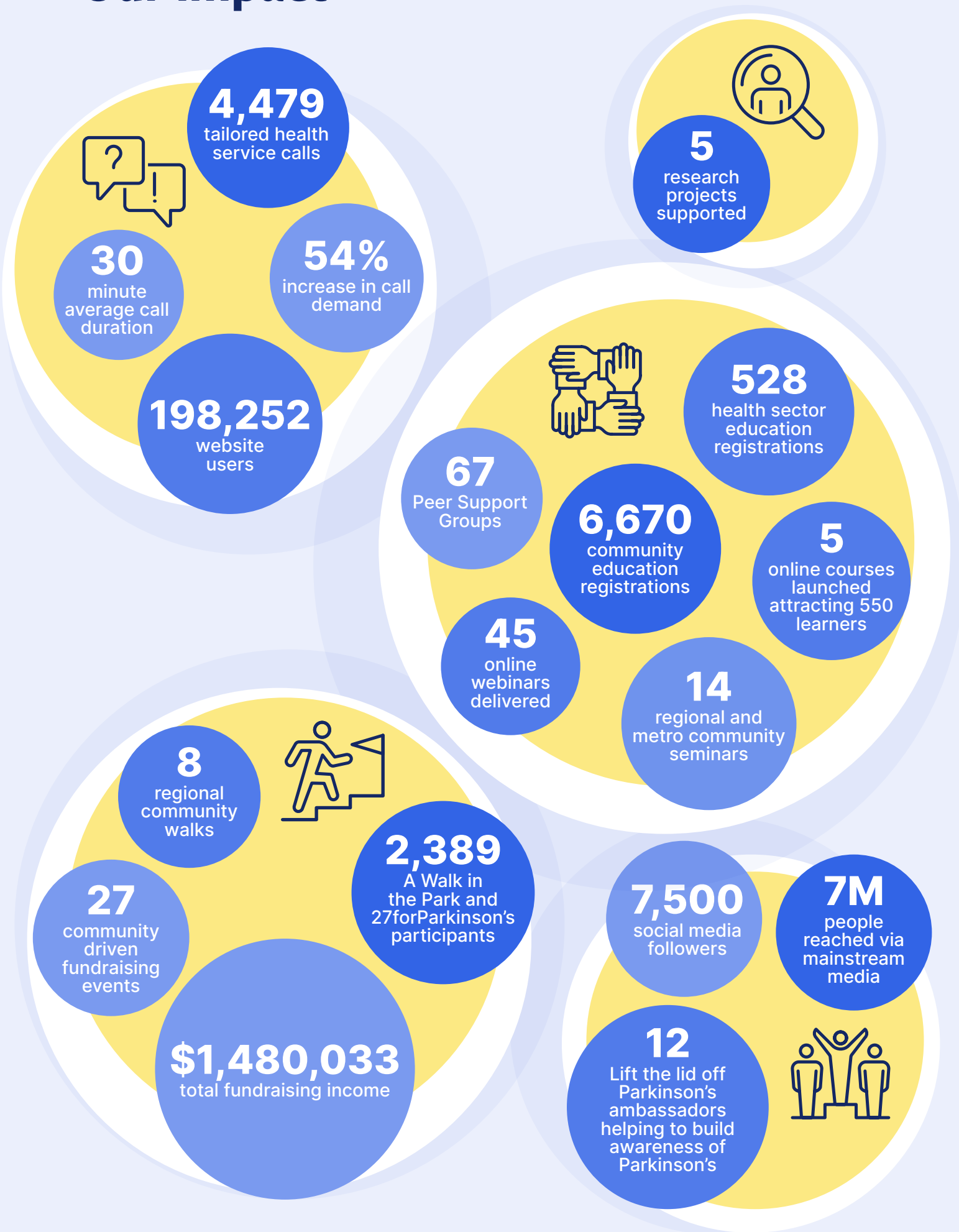
It's estimated that 57,000 Victorians are living with Parkinson's, and 219,000 nationally.

ATYPICAL PARKINSON'S

Atypical Parkinson's are rare conditions that initially present like Parkinson's, but have different symptoms and rates of progression. They include Progressive Supra-Nuclear Palsy (PSP), Multiple System Atrophy (MSA) and Cortico Basal Syndrome (CBS).

There are no known treatments to cure or slow the progression of PSP, MSA or CBS or to prevent them from occurring. Treatments, therapies and strategies are available to help people manage their symptoms to make the most of living with these conditions.

Our impact



CEO & Chair Report

A courageous year for our community, as together we fight Parkinson's



Fight Parkinson's CEO Emma Collin



Fight Parkinson's Chair Philip Thomas

Our community are the reason for every single step we take to fight Parkinson's, and in FY2023, we came together in a spirit of courage and determination, facing the lasting impact of a global pandemic.

Collaboration and connection-building with and for our community and across the health sector were vital to re-engagement, delivering multifaceted support to those living with Parkinson's.

Our community showed their courage and commitment organising and attending events and supporting our fundraising efforts; engaging with education and resources; and sharing their stories to spread awareness and understanding of why we fight Parkinson's.

Strength in collaboration

A focus on collective leadership and combined effort shaped our direction in FY2023, as Fight Parkinson's worked hard to connect with like-minded organisations and other leaders on opportunities and aligned outcomes for people living with Parkinson's.

Our **community seminar program** was expanded and enhanced in 2022 in direct response to feedback from our peer leaders that a concerted effort would be vital to reinvigorate communities that suffered so many isolating setbacks as a result of COVID-19. Local leaders in metropolitan and regional areas worked closely with us to co-design vibrant and practical programs, secure local speakers and bring health care professionals and researchers directly into communities.

On a national level, our **Fight Parkinson's Research Symposium**, held in May 2023, convened a unique gathering of participants, clients, researchers and

clinicians in person and through a livestream to explore the latest research and meaningfully connect scientific endeavour with the human experience of living with Parkinson's. We formed a unique partnership between the Florey Institute and Walter and Eliza Hall Institute, bringing together brilliant minds and compassionate hearts in neurological fields, all dedicated to shaping a brighter future for those affected by Parkinson's.

On the global stage, it was a year of intense preparation for the **World Parkinson's Congress Leadership Forum**, which will be held in Barcelona, Spain, in July 2023. We are honoured not only to represent our community internationally, but to support the drafting of a vision, mission and values for the leadership forum. We are proud that Emma co-chaired the event, and even more proud of the Fight Parkinson's leadership team and leaders within our community who are shaping the curriculum; facilitating a networking event; and presenting and sharing lived experiences of Parkinson's. Our community are our inspiration as we collaborate to shape the international Parkinson's agenda and deliver better outcomes and health access for people impacted by Parkinson's globally.

In FY2023, we continued to unite with aligned organisations at home, working closely in **partnership with Parkinson's NSW** and the **Epilepsy Foundation**. A Memorandum of Understanding with Parkinson's NSW will enhance our combined abilities for national advocacy to increase investment in supporting the Parkinson's community. Once again, we also worked closely with the Epilepsy Foundation, supporting each other's bids for increased funding for people living with neurological conditions.

Empowering our community

Fight Parkinson's information and education are some of the most powerful resources at our disposal. In August 2022 we officially launched our new **Online Learning Hub**, which places quality, evidence-based information about Parkinson's and Atypical Parkinson's (PSP, MSA and CBS) in the hands of each of our community members, no matter where they live. We are already seeing strong engagement with these highly accessible online education offerings tailored specifically for health care professionals and people living with Parkinson's. Our **Community Learning Hub** is another way we build capacity, supporting professionals, community and health sector staff through our professional packages. These target the aged care and disability sector workers caring for people living with Parkinson's at home and in residential care.

Another powerful tool as together we fight Parkinson's – and one we know holds extraordinary value for our community – is lifting and amplifying the voices of those living with Parkinson's. In April 2023 with the community, we launched the **Lift the lid off Parkinson's** campaign, which generated some of the highest levels of engagement with our social media for the 2023 Financial Year. 12 courageous men and women living with Parkinson's shared their diverse stories, bringing alive the impact that Parkinson's can have on day-to-day life. We are committed to harnessing the power of our stories to raise awareness, combat stigma and galvanise the support we need to fight Parkinson's.

A people-centric platform

We leaned on our extraordinary community's insight and knowledge to develop and adopt a new IT strategy, including a tailored customer relationship management system. This process was informed by a journey mapping exercise to ensure the building of a best practice platform to better respond to the needs of community.

In closing, thank you to our incredible community whose contributions have made a profound difference this year. Immense appreciation also goes to the dedicated Fight Parkinson's team for their professionalism and unwavering commitment to the Parkinson's community. Special thanks extend to our invaluable Peer Support leaders, event volunteers, community ambassadors, supportive families, carers and generous donors. Your support empowers Fight Parkinson's to create a positive impact in the lives of those living with Parkinson's. Together, we continue to make a meaningful difference.

Thank you!



Philip Thomas

Chair



Emma Collin

Chief Executive Officer

Supporting the Parkinson's community



It is a core strategic priority of Fight Parkinson's to empower our community – lifting their voices to address stigma and standing together to build societal understanding of what it means to live with Parkinson's. Through consultation to better understand our community's needs, it emerged very clearly that it is Fight Parkinson's job to lift up our collective voice and raise awareness and understanding at every opportunity, reducing social isolation and discrimination.

In April 2023 during the annual Parkinson's Awareness Month, Fight Parkinson's launched Lift the lid off Parkinson's – a campaign designed to combat the stigma and misconceptions that can affect people living with Parkinson's and Atypical Parkinson's.

Twelve men and women, aged from 40 to 86, shared their personal stories, relating the impacts of Parkinson's on their day-to-day lives, lifting the lid and providing a deeper understanding of Parkinson's. Through their generosity, the compelling campaign supported the highest levels of engagement with Fight Parkinson's social media for the 2023 Financial Year.

As a vehicle for real-life stories, the Lift the lid off Parkinson's campaign not only spread education and information, but helped build the kind of critical awareness that addresses societal stigma and ensures that Parkinson's is taken seriously by decision makers.

12
Videos

11,000
Views

19,000
Social Media Reach

Our heartfelt thanks to the faces and voices of the campaign (from left to right):

- Bill Mackintosh
- Matt Pettifer
- Christine Anderson
- Geoff Constable
- Michelle Mendes
- Belinda Zipper
- Sheenagh Bottrell
- Stephen Dunn
- Karyn Spielberg
- Russell Joyce
- Peter Wylie
- Isa Adams

The Lift the lid campaign ethos illustrating what life is like for people living with Parkinson's has been integrated into Fight Parkinson's' digital reach. We are continuing to grow a gallery of images and stories from our community using the hashtag #fightparkinsons.

Community Programs



Community seminars

The Fight Parkinson's Community Seminar program was expanded in 2022 to support the reconnection of community following the pandemic and respond to peer leader feedback that a concerted effort to support reconnection would be vital. To stimulate new connections and reinvigorate communities, we worked closely with local leaders throughout metropolitan and regional areas to collaborate on program design, secure local speakers and bring health care professionals and researchers direct to communities.

832 people registered for 12 seminars during the year, held in diverse regions:

The High Country; Geelong and Barwon; Gippsland Bairnsdale; Gippsland Traralgon; South Gippsland; Goldfields; Wimmera and Western District; Mornington Peninsula; North East Victoria; North West Victoria [Swan Hill and Mildura]; South West Victoria; and North West Metro.

In each case, we worked diligently to ensure each seminar met specific local needs and drew community members to re-connect and re-energise. We are grateful for the funding support received from the Anthony Costa Foundation. We'd also like to recognise the regions themselves and the Peer Support Groups and local health services that all contributed to the positive impact of our Community Seminars program.

Peer Support Program

In FY2023, Fight Parkinson's facilitated its Parkinson's Peer Support Group (PSG) network of 67 groups, with two re-emerging following the impact of COVID lockdowns in the prior year. 63 of these PSGs engage face-to-face and four meet online; supporting individuals to develop and maintain independence and wellbeing, reducing hospital presentations and medical appointments.

In order for Peer Support Groups to reconnect and grow, Fight Parkinson's worked hard to facilitate education, raise community awareness and equip PSG leaders to run healthy, engaging groups.

In FY2023 Fight Parkinson's provided 82 online Peer Support Group education presentations for groups across Victoria, and through this, reached 1208 Peer Support Group participants and volunteers.

Community Programs

Young Onset Parkinson's

Fight Parkinson's is committed to supporting a tailored offering for the Young Onset Parkinson's community bolstered by three specialised Peer Support Groups. These groups receive ongoing support and education throughout the year. The metro group is experiencing rapid growth, holding regular in-person and online meetings, significantly expanding its reach.

The Parkinson's Research Symposium held in May 2023 was a beacon of hope for those living with Young Onset Parkinson's. The Symposium closed with a Panel Presentation: Living with Young Onset Parkinson's which covered the unique challenges faced by those still in the workforce and with young families. Fight Parkinson's also hosted a Young Onset networking dinner to provide further connections for this community group.

Atypical Peer Support

The Atypical Parkinson's PSG online meeting platform continued to evolve to meet the community's accessibility needs and enable greater participation – extending reach through virtual meetings increased participation locally and nationally, ensuring those in need have access to the information they deserve. Families affected by a diagnosis of PSP, MSA or CBS can feel isolated by the rarity of these conditions, and the Atypical Parkinson's PSG provides invaluable specialist information.

Online Singing

The Fight Parkinson's Online Singing community engaged enthusiastically with 26 open singing sessions held online throughout FY2023. Online Singing is adapted from the evidence based ParkinSong™ program, founded on Australian research, and involving exercises informed by speech and music therapy. The Fight Parkinson's music therapist-led program supported 1,185 registrations for these fun, free sessions. Online singing supports people living with Parkinson's to improve their confidence, reduce anxiety, increase feelings of wellbeing and reduce social isolation.

Health Information and Education



The Fight Parkinson's Health Programs support people living with Parkinson's with both general and tailored health information and education.

The programs, which are supported in part by the Victorian government, reduce the health and economic impacts for those affected by this chronic illness and for our wider society and economy. Fight Parkinson's is the only provider of consistent training and virtual networks, secondary health consultations, health resources and peer support networks. This unique and effective multi-disciplinary health model addresses health service gaps which, if left unaddressed, would increase demand on hospitals, including emergency presentations, increased length of stay in hospital and premature deaths. Continued funding and new investment are essential to meet the exponential growth of the Parkinson's community.

Health Information Service

Our free and confidential health information is tailored to individual circumstances and is complemented with general information about Parkinson's symptoms, management and research accessible via the Fight Parkinson's website. The service also provides essential support for people Australia-wide living with the rare Atypical Parkinson's conditions, PSP, MSA and CBS. Most access our health information service via telephone and can engage via email and social media. The complexity and length of calls remained high as the community continues to grapple with the impact of the COVID-19 pandemic on the health system and their health.

The Health Information Service at-a-glance in FY2023

Three inbound phone lines operating 9am-5pm every weekday

Staffed by our specialised, multi-disciplinary health team including a physiotherapist, speech pathologist, occupational therapist and clinical nurse consultants.

Total calls: **4,479**, up 54% from 2,916 in 2022

Total minutes managing callers: **133,996**

Average call duration: **30 minutes**

- Parkinson's symptom management, including medication
- Health and community service sector navigation
- Support with NDIS and My Aged Care
- Consultancy for health care professionals
- Referral to Peer Support Groups

Types of callers

15% Health care or community professionals

40% People living with Parkinson's

45% Family of people living with Parkinson's

Our website reached almost 200,000 visitors, tapping into free, accessible information developed and maintained by the Fight Parkinson's multi-disciplinary health team.

Health Education



Fight Parkinson's makes a difference through building our community's capacity and knowledge and empowering them to make informed choices.

We are dedicated to building increased understanding of Parkinson's and Atypical Parkinson's conditions. To achieve this, we provide a range of education programs, engaging closely with the health, disability and aged care sectors. A variety of education offerings are available through online live sessions, face-to-face events and on-demand online resources via the new Fight Parkinson's Online Learning Hub.

Our tailored health education programs and seminars reached more than 6,000 participants in FY2023.

Fight Parkinson's education offerings benefit people living with Parkinson's, family and health professionals, residential care staff, care coordinators, community organisations, postgraduate students and general practitioners.

Online Learning Hub Goes Live

Fight Parkinson's new online learning platform was officially launched in August 2022, designed to ensure everyone diagnosed with Parkinson's has free access to the same quality, evidence-based information about the condition no matter where they live.

The Fight Parkinson's Learning Hub houses on-demand education courses for individuals and families living with Parkinson's and Atypical Parkinson's (PSP, MSA and CBS), as well as the health care professionals caring for them.

Community Learning Hub

Our Community Learning Hub builds community capacity, offering free community learning. With a strong uptake by over 550 participants, in FY2023 we created a suite of new courses including 'Exercise and Parkinson's', a 'Recently Diagnosed' course, an introduction into 'Understanding Parkinson's', 'Falls Prevention' and most recently, 'The NDIS and Parkinson's: How to Apply'.

Aged Care Learning Hub

Fight Parkinson's launched a new online learning program to build the skills and capabilities of aged care workers caring for clients and residents with Parkinson's. This suite of courses provides specialist online education suitable for health care workers, including registered nurses, personal care assistants and those involved in advanced and palliative care.

Currently, there are three online courses:

- **Advanced and Palliative Care for Parkinson's**
- **Parkinson's Care for Personal Care Assistants**
- **Parkinson's Care for Registered Nurses**

The Aged Care training program has been launched for aged care providers and Personal Care Assistants

and Registered Nurses working in an aged care setting, providing access to Parkinson's-specific training for thousands of sector staff and nurses.

Ask the Expert

The Ask the Expert webinar series gives our community direct access to researchers, medical, health and other professionals who specialise in Parkinson's. Attendees can hear from and ask questions of experts on a variety of topics relating to symptom management, treatment and promising research.

In FY2023, 11 sessions were held for 736 registrants, examining topics like Atypical Parkinson's, gender differences in Parkinson's, getting the most out of neurology appointments, exercise, upper limb management, supporting carers and forward planning.

We appreciate the time and commitment of our experts:

- Professor David Finkelstein; Physiologist and Neurobiologist
- Dr Jim Howe; Neurologist
- Amanda Spillare; Social Worker
- Dr Libby Proud; Researcher and Physiotherapist
- Dr Laura Perju Dumbrava; Neurologist
- Professor Meg Morris; Researcher and Physiotherapist
- Dr Kelly Bertram; Neurologist
- Professor Malcolm Hopwood; Psychiatrist
- Dr Richard Blazé; Neurologist
- Victoria Tull & Rachel Mouer; Occupational Therapist & Physiotherapist

Positive Life

This free online education series is designed to enhance knowledge about practical strategies, treatments and therapies and where to find the right support. This online series attracted 520 registrants and covered a range of topics in engaging one-hour sessions, including Driving, the NDIS, Sleep, Communication and cognition, Eating and swallowing, 'Wearing off' and Caring for the carer. The nine online sessions were presented by our Health Team and also featured community representatives who enriched the sessions with their insights and experiences.

Recently Diagnosed

Fight Parkinson's delivered two of its popular live, online Recently Diagnosed seminars to over 200 people who tuned in over two consecutive days.

These seminars have informed the development of on-demand resources delivered through the Fight Parkinson's Online Learning Hub. It includes information on common motor and non-motor symptoms and their management. The online program also covers treatment options, the benefits of creating a multi-disciplinary team and information to help people live well with Parkinson's.



Community of Practice

Fight Parkinson's supports Communities of Practice (CoP) for physiotherapy, speech pathology, occupational therapy and nurses working directly with people living with Parkinson's or who have an interest in movement disorders. The CoPs offer professional development and an opportunity to receive peer-to-peer support, acknowledging that many professionals in movement disorders may find themselves working in isolation. The CoPs generally meet 4-6 times per year, with the final meeting being a joint CoP where all disciplines come together to focus on multi-disciplinary care. In 2022, this session focused on palliative care and taking a palliative rehabilitative approach to managing the complex needs of a person living with Parkinson's or Atypical Parkinson's as they near the end of life.

The CoP membership is composed of over 400 Victorian and interstate health care professionals.

Professional Development for the Health Sector

Throughout the year, Fight Parkinson's delivers tailored online and in-person education sessions to the health and disability sectors, GPs and other community support organisations seeking to upskill in their knowledge and understanding about Parkinson's.

These sessions help to build deeper awareness of the complexity of Parkinson's amongst the health care sector.

Research

ParkinsonNet

Fight Parkinson's made progress on the journey towards introducing a best practice, multi-disciplinary model of Parkinson's care in Victoria and Australia based on the ParkinsonNet model.

Through the development of a feasibility study, we have continued our collaboration with ParkinsonNet International. ParkinsonNet was developed in 2006 as the Dutch national system of regional multi-disciplinary networks to improve Parkinson's care delivery in the Netherlands.

It has resulted in improvements to quality of care, health outcomes and reduced health care costs. It has since been implemented in parts of the USA, Germany, Norway and Luxembourg.

Fight Parkinson's is working closely with Prof. Bas Bloem, medical director of the Parkinson's Centre Nijmegen (the Netherlands) and co-founder and board member of ParkinsonNet.

Building on a research review of ParkinsonNet's adaptability for the Australian context completed in May 2022, Fight Parkinson's held a Research Committee workshop in October 2022 and has submitted philanthropic proposals for funding support securing \$35,000 from the JEM Foundation to commence development of the pilot in 2024.

Research Symposium

The Fight Parkinson's Research Symposium, held in May 2023, brought together 190 participants, clients, researchers and clinicians face-to-face and online to discuss exciting developments in both Australia and abroad.

Set within the esteemed confines of The Florey Institute's Ian Potter Auditorium, a convergence of collaboration and innovation took centre stage, providing a pivotal moment in sharing progress in Parkinson's research. Fight Parkinson's formed a unique partnership between the Florey Institute, Walter and Eliza Hall Institute (WEHI), and Shake It Up Australia Foundation to engage the best minds and most compassionate hearts within the realm of neurology. Bridging the gap between scientific endeavour and lived experience, the symposium's agenda was a fusion of cutting-edge discoveries, global partnerships, and an unwavering commitment to demystifying Parkinson's.

Fight Parkinson's also hosted a special networking breakfast held at the WEHI, where leading researchers and health sector leaders came together. The Fight Parkinson's Research Symposium was free for the Parkinson's community, and a livestream was offered for those unable to access the event in person.

Our sincere thanks to WEHI Director, Professor Doug Hilton, and to Professor Trevor Kilpatrick, director of the Florey. The symposium was opened by Mr John Eren, the former State MP for Lara, who was

diagnosed with Parkinson's in late 2019. It was followed by a special networking dinner for people living with Young Onset Parkinson's.

ParkinSong

ParkinSong™ is an activity-based peer support program involving vocal warm-up and exercise, practical communication activities, group singing and social engagement.

The program was founded in Williamstown in 2013, and 9 groups are currently active across Victoria. This therapeutic program has been shown to improve communication and wellbeing outcomes. However, not all individuals can access in-person sessions. To help overcome barriers to participation in the ParkinSong program, Fight Parkinson's has supported a study led by Professor Jeanette Tamplin, University of Melbourne, which has investigated the feasibility of an online ParkinSong intervention. This study will be published in the 2024 financial year.

Brain Bank

Fight Parkinson's continues to support the Victorian Brain Bank Network (VBBN), auspiced by Melbourne University and the Mental Health Research Institute.

The VBBN supports brain donation storage which provides vital tissue samples supporting research into Parkinson's and Atypical Parkinson's throughout the Asia-Oceanic region.

Clinical trial promotions

Our research committee reviews and endorses the promotion of appropriate clinical trials to the Parkinson's community. During FY2023 we promoted trials including:

- Hand training program research, University of Melbourne
- Assessing retinal measures in Parkinson's disease, University of Melbourne
- Is Spontaneous Swallowing Reduced in Parkinson's Compared to Healthy Controls? Centre of Research Excellence in Aphasia Recovery and Rehabilitation, La Trobe University
- Temporal Orientations of Young Onset Parkinson's Disease: Exploring Narratives, Personhood, and Relationships, Monash University
- The Lewy Body Study – Unravelling the confounding influences of Alzheimer's disease and cerebrovascular disease in Parkinson's disease dementia and dementia with Lewy bodies, Walter and Eliza Hall Institute.

Collaboration & Partnership



World Parkinson's Congress and Leadership Forum

Fight Parkinson's leadership spent much of the year in preparation for the World Parkinson's Congress (WPC) 2023, to be held in Barcelona, Spain over five days in July 2023.

The WPC explores cutting-edge science and clinical research as well as advances in treatments designed to improve care and quality of life for people living with Parkinson's.

More than 2,600 delegates from up to 70 countries are expected to attend, representing large numbers of people living with Parkinson's, as well as scientists, movement disorder specialists, geriatricians, clinicians and health care professionals.

Fight Parkinson's is proud to contribute to the WPC 2023, collaborating to shape the international Parkinson's agenda and deliver better outcomes and health access for people living with Parkinson's globally. Our team has directly supported the development of a draft vision, mission and values for the Leadership Forum, reflecting our experience of the challenges that face the Parkinson's community in Australia.

Fight Parkinson's CEO, Emma Collin, will co-chair the leadership forum, and our Health Team Manager, Victor McConvey OAM, will co-chair the

WPC clinical program. He has also been involved in developing the curriculum around integrated health care and designing and facilitating a networking session for nurses. Health Team occupational therapist, Victoria Tull, will present a poster on improving care and reducing professional isolation through the development of a Community of Practice for occupational therapists treating people with Parkinson's. Lift the lid off Parkinson's ambassador, Sheenagh Bottrell, will share a paper about her experience of living with Young Onset Parkinson's. Fight Parkinson's ambassador, Geoff Constable, has been invited to be a World Parkinson's Congress Ambassador and will be sharing the details of his inspiring 2,100 kilometre ride from the UK to the WPC, raising awareness about Parkinson's along the way.

Western District Movement Disorder Nurse's program

Fight Parkinson's supported Western Victoria Primary Health Network to secure a Federal government grant in 2019 to work to deliver better care for those with movement disorders in the Wimmera and Grampians regions. In FY2023, we delivered education and professional supervision to four movement disorder nurses in the western district as part of the model of care.

Collaboration & Partnership

International Movement Disorder Society

Our Health Team Manager, Victor McConvey, is on multiple committees and Movement Disorder Society (MDS) task forces, while Health Team occupational therapist, Victoria Tull, is on an MDS task force on Wellness and Parkinson's. These task force groups facilitate international collaborations amongst experts in Movement Disorders to optimise care for people with Parkinson's.

Memorandum of Understanding with Parkinson's NSW

In November 2022, Fight Parkinson's signed a Memorandum of Understanding with Parkinson's NSW to support national advocacy. Together, our two organisations are directly serving an area that is home to 58 per cent of the Australian population, and we share a focus on supporting the Parkinson's community and providing health services that support the significant health, aged care and disability services sector gaps. Our information and education services support all Australians living with Parkinson's.

Pre-Federal Budget submission

Having worked collaboratively for our community throughout the pandemic and engaged in international forums representing Australia's interests, Fight Parkinson's and Parkinson's NSW combined efforts to lobby the Federal Government for increased funding with a pre-Budget bid for 2023. We combined our voices to champion the increased investment required to better service and support the needs of people living with Parkinson's.

Continued collaboration with the Epilepsy Foundation

Fight Parkinson's collaborates with other neurological and chronic health organisations, in particular the Epilepsy Foundation. Together we take a similar approach to empowering our communities, sharing our facilities and approaching government, leveraging our communities' voices to achieve change.

As in previous years, Fight Parkinson's and the Epilepsy Foundation worked together to advocate for funding for people living with neurological conditions to the Department of Health, supporting each other's bids for recurrent and new health service investment.

Community Recognition



Community Advisory Committee

Fight Parkinson's could not be as responsive and dedicated to the needs of those we support without the generous guidance and perspectives of our community.

Entering its second year, the Fight Parkinson's Consumer Engagement and Advisory Committee draws together people with lived experiences of Parkinson's as part of an extended engagement process. It is an invaluable advice and feedback mechanism as Fight Parkinson's advocates for system improvements, develops education and information resources and creates programs reflecting the daily reality of living with Parkinson's.

We have already appointed four highly committed individuals to the group – our thanks to Peter Wylie, Geoff Constable, Karyn Spilberg and Sheenagh Bottrell. We hope to welcome more community members to share their input.

Mapping the Parkinson's Journey

The Committee made a significant contribution to our journey mapping project to support marketing development, fundraising, education and IT CRM implementation, which commenced in November 2022. Internal and community workshops to review the Fight Parkinson's brand were completed in May and June 2023. Members of the Consumer Advisory and Engagement committee reviewed this work and have participated in the journey mapping interviews along with key Fight Parkinson's ambassadors and supporters.

Our thanks to the support and feedback of Keith Anderson, Sheenagh Bottrell, Shona Cross, Geoff Constable, Christine Jeya, Matt Pettifer, Bill and Lesley Soong, Andrew Suggett, Pauline and Alan Wiltshire.

Parkinson's Awards

Our annual awards provide an opportunity to acknowledge the outstanding members of our community who generously volunteer their time and expertise across the organisation. They are presented at the Fight Parkinson's AGM in November.

Sir Zelman Cowen Award and the Harold Waldron Carers Award

We would like to congratulate the two major award recipients, Pam West and Mike Jobling.

ParKanDo Peer Support group founder Pam West was named the Sir Zelman Cowen Awardee, and Mike Jobling, co-founder of ParkinSong Williamstown, was presented with the Harold Waldron Carer's Award. It's only with the support of people like Pam, Mike and the many who volunteer their time and energy, that we can live our purpose – to improve the lives of people with Parkinson's and Atypical Parkinson's through advocacy, research and support.



Community Recognition

2023 Volunteer Recognition Awards

Honorary Life Members

Deb Smith

John Seymour

Years of Service Awards

Continuous service of volunteers in an administrative, project or service capacity, particularly Peer Support Group coordination:

5 Year Service Award

Langwarrin ParkinSong - Cathy Crerar

Ashwood ParkinSong - Kate Walker

Ashwood ParkinSong - Gillian Whitaker

Essendon - Frank Pearce**

Bayside ParkinSong - Judy McKenzie

10 Year Service Award

Lauren Arkininstall (Geelong)

Community Recognition Award

Awarded in recognition and thanks to people who have made a significant contribution to the Parkinson's community:

Natalie Delac

Dr Andrew Evans

Jill Price

Kate Jesaulenko

Geoff Constable

Ken Eastwood

Gordon Townsend

Certificate of Appreciation

Awarded for support of our programs, education, fundraising and promotional activities:

Retiring Board members -

Celia Robinson, Faye Spiteri, Steve Watts, Orlando Viola

Geelong A Walk in the Park working group -

Kerry Mills, Martin Moore, Marilyn Brown

PSG Leaders -

Jenny Phillips, David Rendell

Researcher -

Libby Proud

Fundraisers -

Peter Gladstone, Bev Gladstone**, Damian Rann, Julie Trimble, David & Amy Smith, Samantha Layton, Jeanette Branch, Luke Loppolo, Marita Brown, Em Tantau, John McBride, Corey Tessier

Health Professionals -

Dr Jim Howe, Louise Cooper

Faces of Fight Parkinson's appeals -

Karyn Spielberg, Ian McFarlane.

(**Awarded posthumously)

Fundraising



The services and support we provide for people living with Parkinson's embody the power and passion of community supporting community.

Our world's best practice multi-disciplinary approach to health education, information and support services for those living with Parkinson's and Atypical Parkinson's conditions depends on support from individuals, trusts and foundations, philanthropy and major gifts and bequests. It is you that enable us to invest in tailored services and support as well as research for now and into the future.

New funding continues to be sought to support future programs. Donations, bequests and community fundraising represented 41% of our overall income in FY2023.

27forParkinson's

A dynamic group of 27forParkinson's participants embraced our call to action to "Be Active" in October 2022 during the third annual online community fundraising event – designed to strengthen health and wellbeing outcomes in our community.

27forParkinson's was introduced at the height of COVID-19 restrictions in 2020 to reconnect community and provide a positive focus.

This year people were asked to run, walk or fundraise their way for 27 days. The initiative raised \$72,363 thanks to the combined efforts of 181 participants. 27forParkinson's was led by five community ambassadors representing a cross-section of the community, including people living with Parkinson's, Young Onset Parkinson's (YOPD) and Atypical Parkinson's and people caring for them. We'd like to thank Pauline Wiltshire, (MSA), Mandy Baker (YOPD), Patty and Lorena (doing it for their dad), John Young (Parkinson's) and Sue Normington (doing it for her sister).

John Young was part of this year's media coverage of the event; featured in Take 5 Magazine, while Channel 31 and ABC Gold Coast Radio also covered the event. Celebrity ambassador Shane Jacobson raised awareness, chatting on 3AW with host Denis Walter.

Sponsors

Abbvie
Intogreat Solutions

A Walk in the Park 2023

In a triumphant return on 26 March 2023, A Walk in the Park, Australia's premier community event in support of the Parkinson's community, provided an extraordinary display of enthusiasm and solidarity.

This year, a total of 2,208 people joined the cause, with 1,533 participating in the Melbourne walk and an additional 675 actively engaging in 8 walks held across regional Victoria.

The event garnered substantial media attention, reaching an impressive audience of over 7 million individuals. This extensive coverage undoubtedly amplified awareness about Parkinson's and the critical importance of our collective efforts. Incredibly, the generosity of our community generated a staggering \$267,364 in donations. These funds will prove instrumental in advancing research, providing support to those affected, and driving advocacy efforts to improve the lives of individuals and families grappling with this challenging condition.



Fundraising



Regional Walks

We have a special connection with the Parkinson's community of regional Victoria, who know the incredible value of coming together and standing as one. A deep thank you goes out to the dedicated local communities of Yarrawonga, Geelong, Horsham, Mildura, Swan Hill, Bairnsdale, Eltham, and Colac for their incredible efforts in organising and making their local A Walk in the Park events a resounding success.

Regional highlights:

Collectively contributed \$28,886 to the total funds raised and attracted 675 regional community members in celebration and support of the Parkinson's community. The success of these events highlights the compassion, unity, and determination of the people in the community to make a positive impact and contribute to a cause that affects so many lives.

Sponsors

Abbvie

Intogreat Solutions

CSL Seqirus Australia Pty Ltd

St John of God Frankston Rehabilitation Hospital

In kind sponsor, Carmens

Fundraising champions

We would like to extend our gratitude to the commitment of our 493 active fundraisers who rallied to inspire support for Fight Parkinson's, despite a challenging economic backdrop. Our special thanks to the individuals and teams who were 'top' fundraisers for the 2023 event.

Top 3 Individuals

Tessa Botheras	\$8,984
David Smith	\$5,012
Sean Anderson	\$4,211

Top 3 Teams

Team Hicks Family	\$12,605
Team G	\$8,354
Franks Fan Club	\$5,917

Appeals success

Both the 2022 Christmas Appeal and the 2023 Tax Appeal surpassed targets and notably drew in new donors. In response to both Appeals, our generous community generated an impressive total of \$242,429.

For both the Christmas and Tax Appeals, members of our community bravely shared their experiences of living with Parkinson's. We are so grateful to Russell Joyce OAM and Jennie Wood for courageously sharing their stories.

Russell, who has spent his own life in service of others as an Anglican priest and as a member of the Royal Australian Navy for almost a quarter century, reflected on the challenges of the last few years.

"I support Fight Parkinson's because I don't want anyone going through this alone," Russell shared. "They have supported me and I want others to experience this too."

Jennie Wood, a former nurse residing in regional Victoria, candidly shared her 12-year journey since being diagnosed with Parkinson's at the age of 49.

"Facing Parkinson's is having to cope with loss. It's like you get old before your time. You can't drive, some days you can't do things for yourself. You lose your independence."



Artists living with Parkinson's

In a beautiful new fundraising initiative, the online Spring into Summer art exhibition showcased works donated by an array of artists living with Parkinson's, which were then auctioned online through Gallery 247 made available by Steven Lake. Five members of the Parkinson's community donated artworks for the auction and proceeds from the sale raised funds for Fight Parkinson's. Each artwork came with a personal story about living with Parkinson's.

Thank you for your art donations:

Isa Adams

Anne Atkin OAM

Pam Booth

The Atley family on behalf of the late Lawrence Atley OAM

Keith Anderson on behalf of the late Margaret Anderson

Donations and Bequests

The generosity shown by the following individuals, organisations, trusts and foundations allows Fight Parkinson's to grow and evolve to reach even more people who need our help.

Bequests:

Fight Parkinson's received a total of 13 realised bequests totalling \$297,648

- John Tasman Barr
- The Estate of the Late Elizabeth Margaret Kean
- The Estate of Norman Kaye
- The Estate of Roger Doyle
- Mr Holland Bequest
- The Estate of the Late Mr Grant Watson
- The Estate of the Late Mrs Betty Sharples
- The Estate of the late Jennifer Harte
- Bequests (Anonymous)
- Anne Maree Foley Bequest
- Lantern Legacy
- The Estate of the late David Robinson
- Bequests from the late Crystal Pearl White

Community Fundraisers:

The power of community fundraisers lies in their collective ability to ignite significant impact through shared dedication and local support, showcasing the immense strength within the Parkinson's community.

Individuals within our community contributed to \$94,224 raised through community effort.

Thank you to:

- Leon and Marlena Argent
- Mandy Baker
- Stephen Lake
- Suzanne Conway
- David Ball
- Cheryl Barnes
- Jeanette Branch
- Tony Forster
- Judith Greenwood
- Jacqueline Rose
- Suzanne Conway
- Menaka Friend
- Anita Maher and Spirax Sarco
- Florence Morrow
- Josephine Hale
- Jackie Unwin
- Hugh Creamer
- Melissa Ferabend
- Teagan Parker
- Paul Reeves
- Kelly Bogunovic
- Brett Frenkiel
- Geoff Constable
- Paul Coniglio
- Renee Lancaster
- Matthew Pettman
- Parker Tilley

Trusts and Foundations

Fight Parkinson's received a total of \$359,634 from Trusts and Foundations.

We secured \$195,000 of new Trust and Foundation funding support in FY2023, in addition to \$164,634 secured from existing and ongoing foundations.

Successful and returning foundations include:

- Anthony Costa Foundation
- Telematics Trust
- The William Angliss (Vic) Charitable Trust
- The John & Mary McAlister Howden Charitable Trust
- Healthy and Connected Communities
- Joe White Bequest
- Mackenzie Family Foundation
- David Henning Memorial Trust
- The G&I Meagher Charitable Trust
- The Alfred Noel Curphey Bequest Trust
- The JEM Research Foundation Trust
- Peta Seymour Foundation

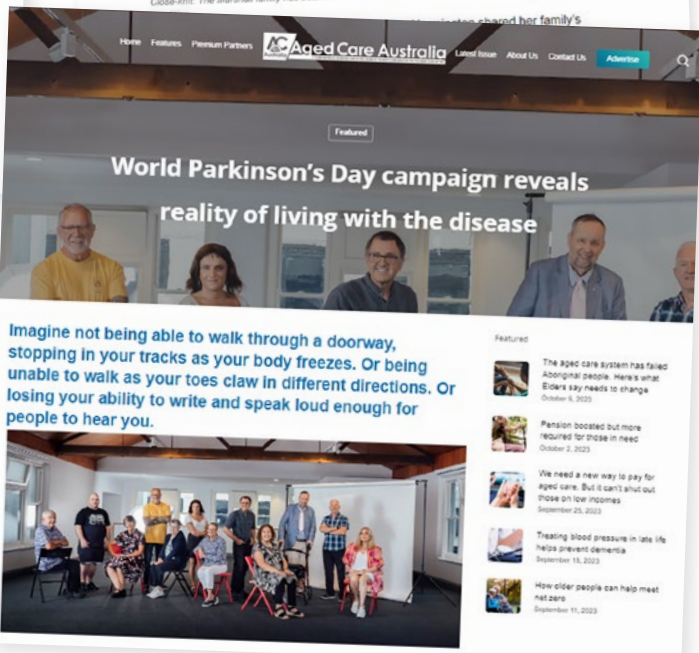
Raising Awareness



NEWS **PARKINSON'S SOLIDARITY**
1,400 PEOPLE PACK FED SQUARE TO RAISE MONEY FOR A CURE

Fight Parkinson's received diverse media and social media coverage in FY2023, with highlights including:

1. A Walk in the Park: Parkinson's solidarity
2. World Parkinson's Day Campaign reveals the reality of living with the disease
3. The Lift the lid off Parkinson's media campaign was syndicated to over 50 print and online news channels
4. 27forParkinson's ambassadors attracted local media for their personal stories and connection to the cause.



Financial Report

Fight Parkinson's reported a deficit of \$305K for the 2023 financial year with substantial investments made during the year in new systems to better serve the needs of the Parkinson's community.

During FY23, Fight Parkinson's adopted a digital strategy to deliver personalised and accessible support to individuals seeking assistance and services on their Parkinson's journey, all while prioritising the security of their personal information and ensuring privacy. As part of the digital strategy, Fight Parkinson's commenced implementation of a new Customer Relationship Management system (CRM) in March 2023 at a cost of \$221K.

Even though demand for our services grew significantly, fundraising donations were down by \$307K compared to previous year due to stress in the community amidst the current economic conditions.

Our flagship event for community awareness and fundraising, A Walk in the Park was held in March 2023 and together with our virtual community engagement event 27forParkinson's, raised total funds of \$340K.

Our investment portfolio continued to perform and achieved a return of \$556K compared to a loss of \$391K in the previous year.

As at 30 June 2023 our net assets are \$4.881 million and research funds remained strong at \$638K.

Fight Parkinson's Board

The Board sets our strategic direction, providing leadership and guidance. Its members are committed to our mission of enabling people living with Parkinson's to lead active and full lives and to support development of more effective treatments, and a cure, for Parkinson's.

The Board has three committees to ensure it satisfactorily discharges its responsibilities and duties: Research; Governance and Risk; Finance and Investment.



Philip Thomas
Chair

Member Governance and Risk Committee
M. ComLaw, B.Bus., Grad. Dip. CSP., ASA, FCSA, FCIS, F.Fin, MAICD
Appointed: June 2016



Professor David Finkelstein

Chair Research Committee
B.Sc., Grad. Dip. Scientific Instrumentation, M. Sc., Ph.D.
Appointed: May 2014



Jason Karametos

Chair Finance and Investment Committee
B Com/LLB (Hons), LLM
Appointed: April 2018



Orlando Viola

Member Finance and Investment Committee
BBus (Bachelor of Business – Accounting)
Appointed: September 2019



Professor Jennifer McGinley

Member Research Committee, Governance and Risk Committee and Finance and Investment Committee
B.App.Sci (Physiotherapy); Grad Dip (Neurosciences); PhD GAICD
Appointed: February 2021



Mark McAuley

Member Research Committee
BSc (Hons) (Astrophysics), MBA, MA (Ancient History), GAICD
Appointed: November 2022
Resigned: June 2023

Auditor's Report



Chartered Accountants & Advisors

Walker Wayland Advantage Audit Partnership
Audit, Assurance and Risk Advisory
Level 22, 114 William Street
Melbourne VIC 3000
Australia
ABN 47 075 804 075
T +61 3 9274 0600
F +61 3 9274 0660
audit@wwadvantage.com.au
wwadvantage.com.au

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF PARKINSON'S VICTORIA LIMITED

Opinion

We have audited the financial report of Parkinson's Victoria Limited ("the Company"), which comprises the statement of financial position as at 30 June 2023, the statement of profit or loss and other comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies and the Directors' Declaration.

In our opinion the financial report of Parkinson's Victoria Limited has been prepared in accordance with Division 60 of the *Australian Charities and Not-for-profits Commission Act 2012* (ACNC Act), including:

- (a) giving a true and fair view of the Parkinson's Victoria Limited's financial position as at 30 June 2023 and of its financial performance and cash flows for the year ended on that date; and
- (b) complying with accounting policies to the extent described in Note 1, and Division 60 the *Australian Charities and Not-for-profits Commission Regulation 2013*.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Company in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 *Code of Ethics for Professional Accountants (Including Independence Standards)* (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter - Basis of Accounting

Without modifying our opinion, we draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared for the purpose of fulfilling the Company's financial reporting responsibilities under the ACNC Act. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

Independent Member

BKR
INTERNATIONAL

Independent Member of Walker Wayland Australasia Limited,
an association of independent accounting firms.

Liability limited by a scheme approved under professional standards legislation.





INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF PARKINSON'S VICTORIA LIMITED (Continued)

Directors' Responsibilities for the Financial Report

The Directors of the Company are responsible for the preparation of the financial report that gives a true and fair view and have determined that the basis of preparation described in Note 1 to the financial report is appropriate to meet the requirements of the ACNC Act, and for such internal control as the Directors determine is necessary to enable the preparation of a financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the directors are responsible for assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless management either intends to liquidate the Company or to cease operations, or has no realistic alternative but to do so.

The Directors of the Company are responsible for overseeing the Company's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the Directors.

Liability limited by a scheme approved under professional standards legislation.



**INDEPENDENT AUDITOR'S REPORT
TO THE MEMBERS OF PARKINSON'S VICTORIA LIMITED (Continued)**

Auditor's Responsibilities for the Audit of the Financial Report (Continued)

- Conclude on the appropriateness of the Directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with Directors of the Company regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.



**WALKER WAYLAND ADVANTAGE AUDIT PARTNERSHIP
CHARTERED ACCOUNTANTS**



**AWAIS UR REHMAN
PARTNER**

Dated in Melbourne on this 20th day of October 2023

Financials

STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME FOR THE YEAR ENDED 30 JUNE 2023	2023 \$	2022 \$
INCOME		
Revenue	2,016,140	1,529,960
Research Revenue	136,410	39,865
Victorian Dept of Health and Human Services Grant	354,661	336,187
TOTAL INCOME	2,507,211	1,906,012
EXPENDITURE		
Employee Benefits Expense	(1,746,589)	(1,576,282)
Depreciation Amortisation Expenses	(44,149)	(66,006)
Finance Costs	(15,854)	(22,624)
Research Expenses	(10,000)	(87,228)
Other Operating Expense	(995,335)	(839,578)
TOTAL EXPENDITURE	(2,811,927)	(2,591,718)
DEFICIT FOR THE YEAR BEFORE INCOME TAX	(304,716)	(685,706)
Income tax expense	-	-
NET DEFICIT FOR THE YEAR	(304,716)	(685,706)
OTHER COMPREHENSIVE INCOME:		
TOTAL COMPREHENSIVE INCOME FOR THE YEAR	(304,716)	(685,706)
TOTAL COMPREHENSIVE INCOME ATTRIBUTABLE TO MEMBERS OF THE COMPANY	(304,716)	(685,706)
STATEMENT OF CASH FLOW FOR THE YEAR ENDED 30 JUNE 2023	2023 \$	2022 \$
CASH FLOWS FROM OPERATING ACTIVITIES		
Receipts from Donations, Bequests and Other Income	1,468,035	2,106,571
Government Grant	354,661	336,187
Payments to Suppliers and Employees	(2,604,642)	(2,662,305)
Interest Paid	-	(4,162)
Interest Received	556	1,020
NET CASH USED IN OPERATING ACTIVITIES	(781,390)	(222,688)
CASH FLOWS FROM INVESTING ACTIVITIES		
Purchase for Plant and Equipment	(9,789)	(14,844)
Investment in Financial Assets	377,913	(166,083)
Income from Investments	387,175	220,619
Management Fees for Investments	(12,935)	(15,852)
NET CASH GENERATED FROM INVESTING ACTIVITIES	742,364	23,840
CASH FLOWS FROM FINANCING ACTIVITIES		
Repayment of Lease - Principal	-	(11,760)
NET CASH USED IN FINANCING ACTIVITIES	-	(11,760)
Net decrease in cash held	(39,026)	(210,608)
Cash on Hand at the Beginning of the Financial Year	831,921	1,042,529
CASH ON HAND AT THE END OF THE FINANCIAL YEAR	792,895	831,921

STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2023	2023 \$	2022 \$
ASSETS		
CURRENT ASSETS		
Cash and Cash Equivalents	792,895	831,921
Accounts Receivable and Other Debtors	33,179	52,677
Other Current Assets	51,063	5,019
TOTAL CURRENT ASSETS	877,137	889,617
NON-CURRENT ASSETS		
Plant and equipment	17,110	26,287
Right of Use Assets	-	139,970
Financial Assets at Fair Value Through Profit or Loss Account	4,524,633	4,682,087
TOTAL NON-CURRENT ASSETS	4,541,743	4,848,344
TOTAL ASSETS	5,418,880	5,737,961
LIABILITIES		
CURRENT LIABILITIES		
Accounts Payable and Other Payables	335,601	183,677
Lease Liability	-	66,390
Provisions for Employee Benefits	190,694	187,894
Revenue Received in Advance	-	3,000
TOTAL CURRENT LIABILITIES	526,295	440,961
NON-CURRENT LIABILITIES		
Lease Liability	-	105,466
Provisions for Employee Benefits	11,443	5,676
TOTAL NON-CURRENT LIABILITIES	11,443	111,142
TOTAL LIABILITIES	537,738	552,103
NET ASSETS	4,881,142	5,185,858
MEMBERS' FUNDS		
Members' funds	4,243,409	4,699,414
Research Funds	637,733	486,444
TOTAL MEMBERS' FUNDS	4,881,142	5,185,858

STATEMENT OF CHANGES IN EQUITY FOR THE YEAR ENDED 30 JUNE 2023	Members' Funds \$	Research Funds \$	Total Members' Funds \$
Balance at 30 June 2021	5,240,329	631,235	5,871,564
Comprehensive income			
Deficit for the year	(685,706)	-	(685,706)
Other comprehensive income for the year	-	-	-
Total Comprehensive Income Attributable to Members of the Company	(685,706)	-	(685,706)
Transfer between Members' Funds and Research Funds	144,791	(144,791)	-
Balance at 30 June 2022	4,699,414	486,444	5,185,858
Comprehensive income			
Deficit for the Year	(304,716)	-	(304,716)
Other comprehensive income for the year	-	-	-
Total Comprehensive Income Attributable to Members of the Company	(304,716)	-	(304,716)
Transfer between Members' Funds and Research Funds	(151,289)	151,289	-
Balance at 30 June 2023	4,243,409	637,733	4,881,142

How you can help

Give

Your donations mean we can continue to offer vital information and support services to those impacted by Parkinson's.

Leave a gift in your Will

A gift in your Will is a valuable way of helping to create a brighter future for people living with Parkinson's.

Fundraise

Get involved in one of our fundraising events—or organise your own.

Partner with us

There are many ways we can work together to help more people with Parkinson's live their best life possible. Find out how your organisation can be part of our achievements.

Volunteer

There are many ways you can volunteer with us. Help with administrative tasks, share your professional skills or help at an event. Contact us for more information.



Connect with us

 [linkedin.com/company/fight-parkinsons](https://www.linkedin.com/company/fight-parkinsons)

 [facebook.com/fightparkinsons.au](https://www.facebook.com/fightparkinsons.au)

 [@fightparkinsons.au](https://www.instagram.com/fightparkinsons.au)



ABN: 59 604 001 176

Suite 6, Waterman Business Suites,
Level 1, 793 Burke Road, Camberwell

T: (03) 8809 0400

E: info@fightparkinsons.org.au

[fightparkinsons.org.au](https://www.fightparkinsons.org.au)