



CHANGING LIVES – together we can



About Parkinson's Victoria

WHO WE ARE

Parkinson's Victoria is a not-for-profit, member-based organisation raising awareness and funds for services and research to improve the quality of life for people living with Parkinson's and Atypical Parkinson's conditions.

Our multi-disciplinary health team provides specialist advice and support to people living with Parkinson's, their families, carers, and healthcare professionals through:

- tailored health education programs and seminars
- a free and confidential health information service
- comprehensive web-based information
- an extensive Peer Support Group network.

We are committed to supporting vital research into effective treatments that improve the quality of life for people living with the condition, and the pursuit of a cure.

WHAT IS PARKINSON'S

Parkinson's is a chronic neurological condition with a range of complex symptoms unique to each individual diagnosed. The most common symptoms include stiffened muscles, slowing movement and changing posture. Many people also experience tremors when resting.

Other symptoms can include pain, depression, anxiety, speech changes and loss of facial expression. Medication and support from healthcare professionals can help manage these symptoms, however there is no way to slow progression or cure Parkinson's.

Parkinson's is the second most common neurological condition seen in our community. Cause is still unknown. It's estimated that 27,000 Victorians are living with Parkinson's, with 18% diagnosed while still of working age.

ATYPICAL PARKINSON'S

Atypical Parkinson's are rare conditions that initially present like Parkinson's, but which have different causes, symptoms, and rates of progression. They include Progressive Supra-Nuclear Palsy (PSP), Multiple System Atrophy (MSA) and Corticobasal Syndrome (CBS).

There are currently no known treatments to cure or slow the progression of PSP, MSA or CBS, or to prevent them. Treatments, therapies, and strategies are available to help people manage their symptoms to make the most of living with these conditions.

PURPOSE

To improve the lives of people living with Parkinson's through advocacy, research, and support.

VISION

A world free of Parkinson's, and until a cure is found, for those living with Parkinson's to be empowered to live full and active lives.

MISSION

We will empower people living with Parkinson's to get the most out of life, to be their advocate, and to raise funds to support research in delivering effective therapies, treatments and a cure.

OUR VALUES

COMMUNITY AND INCLUSION

The Parkinson's community is at the heart of everything that we do. We know that our community and their experience of Parkinson's is unique, wide-ranging and ever-changing, and we seek to include this diversity in all aspects of our work.

KNOWLEDGE AND EMPOWERMENT

As leaders within the Parkinson's community in Australia, we have a deep understanding of the needs and challenges of people living with Parkinson's and Atypical Parkinson's, and their families. We always use evidence and best practice to educate and empower our community, building their capacity to self-manage and help them make informed choices.

INNOVATION AND ADVANCEMENT

We champion a learning culture of innovation and continual improvement. This culture allows us to provide the highest quality support and services to the Parkinson's community. It affects everything we do, and is supported by our global connections, collaborations and research partnerships.

COURAGE AND LEADERSHIP

We are committed to making a positive difference to all those living with Parkinson's. We are confident in our expertise, reputation, and ability to create systemic change.

Front page image: Together we can: Parkinson's Victoria continued to support and advocate for and with the Parkinson's community in the face of a worldwide global pandemic that impacted our community's access to essential health services and supports and led to increasing social isolation, as evidenced by our inbound and outbound support calls.

Chair & CEO Report



Parkinson's Victoria CEO Emma Collin



Parkinson's Victoria Chair Philip Thomas

The greatest lesson Parkinson's Victoria learnt through 2020-21 is that as an organisation and a community, in times of adversity, together we can stand stronger than ever.

Evolving to respond to the immediate needs of our community in the face of a constantly changing environment created by a global pandemic while remaining committed to our ongoing program of advocacy, education, research and collaboration, was our key focus in 2020-21.

We achieved this by carefully listening to our community and responding to their needs. Through inbound and member outreach calls alone, we directly connected to more than 3000 people, many with complex, multi-disciplinary needs.

This allowed us to develop a more targeted response, with our move to digital learning and support aligned with our long-term strategy to improve access to services. In essence, the pandemic became a catalyst for us to fast-track work we were already doing in this space.

We are proud to report that our community embraced the new digital service delivery model and our first ever virtual fundraising event, while our members welcomed the personal touch of our outreach program that allowed us to check their well-being in relation to managing their symptoms within the limitations of restrictions.

We also adapted important research projects, such as ParkinDANCE and ParkinSong™, to online models, which, if successful, will break down barriers to

involvement and allow more participants than ever before to be involved in these activity-based programs.

EXTRAORDINARY ACHIEVEMENT

We already knew that our community cared for each other, but the pandemic truly highlighted this.

We are particularly proud of the highly successful 27forParkinson's online event, which enjoyed unprecedented support from our community, raising almost \$600,000, but was equally, if not more, important for the connection it created as it was for fundraising.

While circumstance kept many apart, for 27 days in October we came together virtually, sharing our stories and walking as one - despite geographical distance.

The past year was an extraordinary one, but 27forParkinson's was a shining example of proof that together we can continue to make a positive difference, to connect and support one another.

Following its success, 27forParkinson's was held again in 2021 and is set to be an annual event, complementing our popular Walk in the Park fundraiser.



Chair & CEO Report

FUNDING FORECAST

Our financial performance remained strong in 2020-21, largely due to prudent investments. We received \$300,000 in State Government funding, as well as a one-off State Government donation of \$150,000 for 27forParkinsons.

In recognition of the financial impact on many in the community, we were able to waive membership fees for the year, while maintaining an operating surplus.

Securing Government funding is never a given. This has not improved in the face of financial impact of COVID-19 on governments at all levels.

We continued to lobby the State Government for \$1.3 million in recurrent funds, securing \$630,000 across two years. Significantly, the Government agreed to move our funding agreement from the disability to health portfolio, recognising the value of our multidisciplinary team's secondary health consult service.

We believe this move will help ensure enhanced opportunity for funding into the future.



27forParkinson's participant Rob Horsburgh, whose team Rob's Gang raised \$13,200 dollars in the inaugural event.

FIGHT PARKINSON'S – TOGETHER WE CAN

It is prudent that at a time when so many people started thinking about what the future means to them, that we too looked to how Parkinson's Victoria could be best positioned to grow and enhance our service to meet the needs of the community.

During the year, we consulted on a new brand for Parkinson's Victoria. We asked you what you needed from us and how we should do it. You told us we needed to do more. We needed to lift the voice and the profile of Parkinson's in the community.

To that end, following extensive consultation, we made a very considered decision to adopt a new name - Fight Parkinson's.

We believe Parkinson's Victoria represents us as an organisation. Fight Parkinson's represents all of us. It represents you and all our members, our community, our clinical specialists, our healthcare professionals, our advocates and our staff. It represents the work we need to do together to unite us and make a difference to people living with Parkinson's.

Although we will have a new brand, our resolve remains unchanged. We are committed to support and empower all Victorians with Parkinson's and Atypical Parkinson's to live full and active lives and look forward to fighting Parkinson's together now and into the future.

We thank everyone who has helped our community in so many capacities this year. We would not be where we are today without you.

To our Peer Support Group leaders, donors, sponsors, volunteers and fundraisers, we thank you for your effort and support to help others.

Thanks also to the Board and management team for their governance and leadership, including the safe and careful stewardship.

We also extend our appreciation to our dedicated staff, who so quickly adapted to working from home to ensure seamless service delivery while also adapting their own lives to COVID-19 restrictions. Their commitment is appreciated by us and the community they serve.

Philip Thomas
Chair

Emma Collin
Chief Executive Officer

OUR IMPACT

60%

of all members
connected with
through outreach
calls

932

27forParkinson's
participants

7

research projects
supported

69

peer support
groups across
Victoria

26%

increase in
Facebook
engagement

116%

increase in call
duration over
2 years

280,000

unique website
page views

2836

personally advised
via our Health
Information
Service

687

active
27forParkinson's
fundraisers

3588

community education
session attendees

Education and information

HEALTH INFORMATION SERVICE

The reduction in medical, health and physical activity services due to COVID-19 affected many, reinforcing the need for our multi-disciplinary health information service to support clinical, mobility and psychosocial needs of people with Parkinson's.

With clinical expertise across a range of healthcare specialties, the health team advises people with Parkinson's, their family members, carers and employers, as well as medical, health and aged care professionals.

We also provide a national service of tailored support and information for people with Atypical Parkinson's. This includes help on finding a treating doctor and other healthcare professionals with experience and knowledge of these rare conditions.

While the number of calls received was significantly less this year, we believe due to COVID-19 shifting people's focus onto the impacts of the global pandemic, the complexity of the issues increased.

Supporting symptom management and comorbidities, as well as medication side effects and dosage featured predominately in calls. The complexity often called for team members with different health disciplines to work together through the challenges and find solutions.

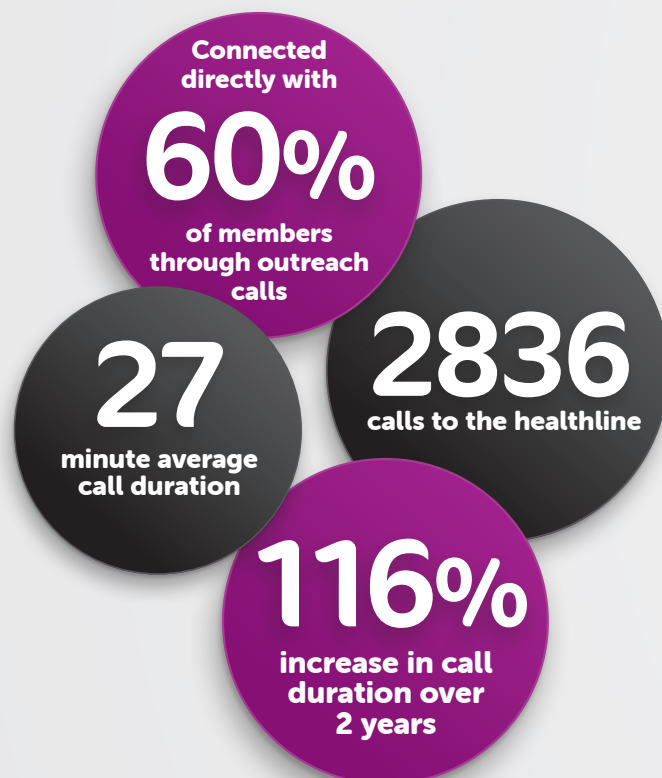
Calls from healthcare professionals seeking information to better support their patients also continued to grow.

An increasingly common request across the board - from both individuals and the healthcare sector - involved assistance to help navigate Government services such as the NDIS and My Aged Care.

The social and emotional challenges of living through a global pandemic also led to an increase in calls from people experiencing anxiety and isolation.

We also continued our successful member outreach program. This program commenced in April 2020 and continued until October 2020, phased out as Victoria's COVID-19 restrictions were lifted.

In total, this program allowed us to directly speak and offer support to 1003, or 60%, of Parkinson's Victoria members, including all life members.



We called to check that they were managing in the constantly changing environment, and provide guidance and support to initiate or remain engaged with health and community support services.

This service also allowed us to check in with members to make sure they were able to manage their symptoms, and to reinforce access to our ongoing support and services.

The most prevalent topics discussed in the outreach calls were family, neighbour and carer support, and connection to friends and community.

COMMON QUERIES TO THE HEALTH INFORMATION SERVICE INCLUDED:

- Medication management and side effects
- Secondary consultation with health care professionals
- Atypical Parkinson's diagnosis and support
- My Aged Care and NDIS support

HEALTH EDUCATION PROGRAM

Improving understanding of Parkinson's is a cornerstone of our strategic direction. We achieve it through a wide range of programs for both the community and the health, disability and aged care sectors.

With COVID-19 restrictions limiting the potential for face-to-face learning, we successfully saw a significant shift to online events, supporting our community through a digital program that actively engaged more than 4700 attendees.

ASK THE EXPERT

Our all-new online Ask the Expert program attracted 665 people across seven one-hour sessions. It offered a unique opportunity to hear from, and ask questions of, some of Australia's leading Parkinson's research and health professionals.

Participants gained important insight into such things as advances in treatment, psychological symptoms of Parkinson's, depression, anxiety and strategies for managing cognitive changes.

RECENTLY DIAGNOSED

After a brief postponement of our Recently Diagnosed Seminar (RDS) program, we successfully moved online for 2020-21.

This program has been a pivotal offering for more than 18 years. Led by the Parkinson's Victoria health team, the sessions are designed for people who have been diagnosed within the past five years and their families.

The program connects people with our supports and services, while helping them understand the condition. Participants receive trusted information and tools to build a foundation for improved self-management.

The move online broke down barriers to attendance, giving people from regional areas the same access as their city peers.

During the reporting year, we delivered the RDS program to 341 individuals and their families across the State.

LIVING WELL

Individuals and their families across the state benefited from our new *Living Well with Parkinson's* conversation series. As the title of the series suggests, participants learnt from experts about how to live both physically and mentally well with Parkinson's.

Launched in August, the Zoom-based sessions covered a broad range of interesting topics including medication, staying active, building your health team, managing wellness, cognition, communication and Deep Brain Stimulation.

It was highly rewarding to be able to take advantage of digital technology to not only share such important information with participants, but keep connected during this time of uncertainty.

LEGAL INFORMATION

A diagnosis of Young Onset Parkinson's comes with a lot of questions about health and wellbeing. It can also raise a number of legal issues. That's why we partnered with Maurice Blackburn Lawyers to present a seminar series addressing several areas of concern to people with Young Onset Parkinson's.

The five sessions attracted 389 participants, eager to understand more about their employment rights, superannuation and insurance, wills and dedicated decisions making and advance care directives. They also learned about when and how to engage legal services.

We are indebted to the expert lawyers from Maurice Blackburn who shared their knowledge with our members.

COMMUNITY EDUCATION PARTICIPANTS

RDS	341
Living Well	1488
Maurice Blackburn	389
Ask The Expert	665
WPC sessions	705
Total	3588



Education and information

COMMUNITIES OF PRACTICE

Parkinson's Victoria works closely with physiotherapists, speech pathologists, movement disorder nurses and occupational therapists to help ensure best practice clinical and health care. This includes four Communities of Practice groups that meet regularly.

Through the program, allied health professionals working in these disciplines with patients living with Parkinson's, or with an interest in the condition, receive professional support, information and networking opportunities to learn more about best practice care.

This year in particular, the groups gave members the opportunity to brainstorm and respond to COVID-related challenges in clinical settings.

In November, we brought the groups together for a professional development session, where 80 of them heard from specialist staff from Calvary Bethlehem about mental health issues in movement disorders.

EDUCATION COLLABORATION AND DELIVERY

Parkinson's Victoria's collaboration with education, health and aged care sectors to improve understanding of Parkinson's is achieved in the following ways:

- Ongoing education of nursing, medical and allied health in acute and sub-acute care settings
- Annual teaching and guest lectures with tertiary education institutions
- Education and information to community groups
- Conference presentations on clinical research and practice
- Professional development and supervision of targeted allied health and nursing staff.

Aged care education

With close to 8% of aged care residents living with Parkinson's, accessible education during lockdown was a vital service. We actively responded to community and sector requests for training throughout the year, delivering our traditional face-to-face program online.

We delivered multiple aged care-related presentations to personal care attendants, registered nurses and care managers at a range of aged care services and facilities. We actively worked with the sector on the development of our online program offering to be delivered in 2021-22.

We are proud to have worked with the following health, aged care and community organisations: Royal Victorian Royal Eye and Ear Hospital, Swinburne University, Australasian Neuroscience Nurses Association, West Gippsland Hospital, The Kingston Centre, Estia Health, Regis Aged Care, Villa Maria Aged Care, Bupa, Doutta Galla Avondale Heights, Guardian Network and the Rosanna, Bayside and Middle Park Rotary Clubs.

COVID-19 RESPONSE

As Victoria's second wave of COVID-19 infections disproportionately hit residential aged care across the state, we responded with a weekend on-call phone service to support the staff in their clinical management of people with Parkinson's.

We provided information around how to manage everything from a missed medication dose to complex multiple symptoms and also spoke with a number of family members unable to communicate with loved ones in aged care due to hard lockdowns.

In February, we released an official statement on the COVID-19 vaccinations that was subsequently updated in April.

With many contradictory media reports, we responded to the need for greater clarity of COVID-19 vaccination and Parkinson's, issuing an official statement supporting the Australian Technical Advisory Group on Immunisation (ATAGI), to help people living with Parkinson's and Atypical Parkinson's make an informed decision.

Our recommendation was that people living with Parkinson's consult their GP or neurologist because although having Parkinson's does not increase the risk of contracting COVID-19, it has the potential to affect severity and recovery.

Collaboration & Advocacy

It's through collaboration at national and international levels that we can give Victorians living with Parkinson's access to information from world-leading researchers and practitioners. Collaboration brings hope for the future, as well as tangible benefits today.

WORLD PARKINSON CONGRESS

Parkinson's Victoria was proud to be involved in the World Parkinson Coalition's first ever virtual conference for people living with Parkinson's.

This new event from the World Parkinson Coalition provided access to timely, forward-thinking Parkinson's information and research in place of our annual InSearch research series.

As Gold Sponsor, we were able to offer our community, supporters, major donors and others free registration to the online conference, titled *Advancing Science and Care and Living with Parkinson's*.

With 68 sessions over several days, the virtual conference inspired and gave hope to the millions of people around the world affected by Parkinson's. Attendees heard from scientists, clinical researchers, clinicians, rehabilitation experts and people living with Parkinson's.

Our Education and Health teams supported our registered participants through pre and post conference sessions to empower them to get the most out of the experience.

We were thrilled to have 378 Parkinson's Victoria registrations, making up 7% of the global audience and joining participants from as far afield as the USA, Brazil, Canada, UK, Iceland and Norway.

The online event will now complement the triennial World Parkinson's Congress, due to be held in Barcelona in 2022.

WPC LEADERSHIP FORUM

Parkinson's Victoria is a Partner organisation of the World Parkinson Congress. Our CEO Emma Collin is co-chair of the WPC Leadership Forum, and Parkinson's Victoria Health Team Manager, Victor McConvey sits on the Comprehensive Care Program sub-committee.

The forum brings together more than 100 Chief Executives, Executive Directors, leaders and senior staff from organisations to learn from each other, share best practices, and expand their knowledge on how to best serve their communities.

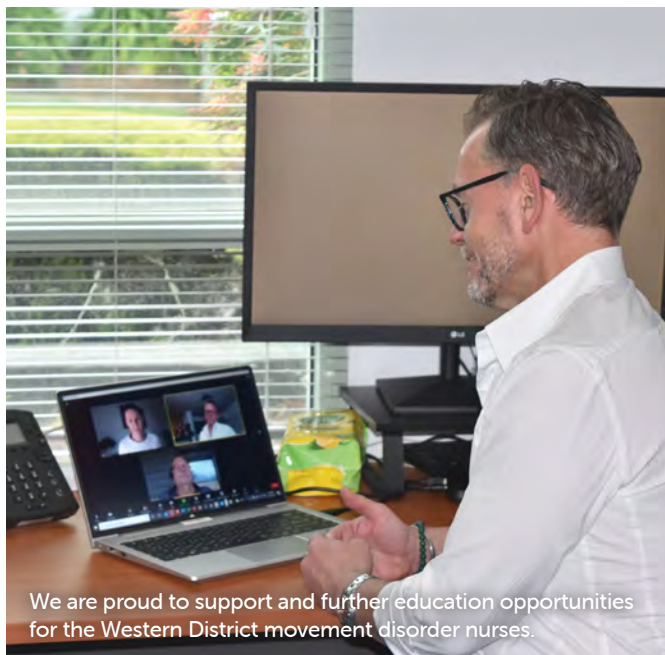
The working groups are researching and designing the programs for 2023, exploring the best directions for the Parkinson's community. Their work will help design and frame future global initiatives to elevate the Parkinson's community agenda.

In June, the Forum hosted the WPC first Leadership Forum Virtual Conference. This virtual event brought together 200 members of the global Parkinson's non-profit and service community to learn and share best practices. The program included:

- reaching newly diagnosed
- technology and Parkinson's
- building global alliances
- clinical trial engagement
- Young Onset Parkinson's
- global equity, access and inclusion.



Collaboration & Advocacy



We are proud to support and further education opportunities for the Western District movement disorder nurses.

WESTERN DISTRICT MOVEMENT DISORDER NURSE PILOT

In June 2020, Parkinson's Victoria, along with Western Victoria Primary Health Network Western, Rural North West Health, Wimmera Health Care Group, South West Healthcare and Grampians Community Health, received a Federal Government grant of \$1.7M to develop the Western Region Movement Disorder Better Care pilot.

The grant enabled to the appointment of four movement disorder nurses in Horsham, Warracknabeal, Stawell and Warrnambool for the pilot program.

Over the past year, Parkinson's Victoria has driven the design and delivery of an education program for the successful appointees. We delivered three education sessions, in addition to a fortnightly ongoing support meeting. The four nurses have joined our Movement Disorder Nurses Community Practice Group.

Initially expected to run for three years, the program received a six-month extension due to the impact of COVID.

INTERNATIONAL MOVEMENT DISORDER SOCIETY

Parkinson's Victoria has continued to develop strong collaborative networks through our involvement with the International Movement Disorder Society.

The move to online delivery created opportunities for all staff to access professional development by virtually attending the International Movement Disorder Congress, held in September 2020.

Parkinson's Victoria staff presented on "Difficult-to-Treat Symptoms in Parkinson's Disease and Atypical Parkinsonian Disorders" at the Asia Oceanic Regional Conference in June 2021 and played a key role helping to develop curricula for healthcare professionals in the developing world.

We contributed to a global survey of neurologists to assess attitudes toward palliative care for a research article, *Access and Attitudes Toward Palliative Care Among Movement Disorders Clinicians*. The article will improve general understanding of palliative care and Parkinson's, and respond to a service gap by informing palliative care training in neurology education.

We were also involved in an article, *The impact of COVID-19 on palliative care for people with Parkinson's and response to future pandemics*, published in the Expert Review of Neurotherapeutics journal.

NDIS ADVOCACY

Parkinson's Victoria raised concerns about proposed changes to the NDIS assessment process in a submission to the Parliamentary Joint Standing Committee on the NDIS's inquiry into Independent Assessments.

Our submission addressed the issue of inconsistent and inadequate assessment, already a challenge for this complex and progressive neurological condition. We urged that a "point-in-time" assessment should not form the basis for significant decisions surrounding eligibility and allocation of funds for people with Parkinson's.



COVID-19 focused attention on safety and quality in aged care, making our submission around improved outcomes for people with Parkinson's and Atypical Parkinson's even more important.

ROYAL COMMISSION INTO AGED CARE QUALITY AND SAFETY

The Royal Commission into Aged Care Quality and Safety presented its final report to the Governor General earlier this year.

We were pleased to see the report identifying many of the issues raised in our submission, including:

- nutrition and dysphagia management
- dementia care
- education and knowledge of the aged care workforce
- dementia and cognitive change
- palliative care.

Parkinson's Victoria welcomes the findings and looks forward to improved outcomes for aged care residents living with Parkinson's.

CONSULTATION ON NEW BRAND

"Caring, accessible, knowledgeable and helpful organisation with unquestionable commitment to PLWP". These were the dominant brand attributes that stood out as we consulted with internal and external stakeholders about our brand.

The consultation will inform Parkinson's Victoria's new brand strategy in line with our ambition to increase services across the board.

During the year, we held 15 one-on-one in-depth interviews with key people from various stakeholder groups, as well as staff and Board workshops.

We sent a survey to 6998 stakeholders, including our members, and received 411 responses.

The brand research explored a range of issues including:

- current brand image and perceptions
- perceived role and impact of Parkinson's Victoria
- understanding of our relationship to Parkinson's Australia
- risks related to any name or identity change.

Pleasingly, the results showed that Parkinson's Victoria has a strong, stand-alone reputation. We have an opportunity to leverage our positive attributes while shifting to a more progressive image.

It is important to balance our safe and protective elements as we embrace the future and adapt to the needs of a technological society.

The new brand, Fight Parkinson's – together we can, will be launched in 2021-22.

DEPARTMENT OF HEALTH AND HUMAN SERVICES

Parkinson's Victoria continues to advocate on behalf of all Victorians with Parkinson's to secure ongoing commitment of State Government funding to fill the health and service gaps identified in 2018 as state-based disability funding was directed through the NDIS.

We lobby on our own behalf and as a leading member of the Victorian Neurological Alliance in conjunction with the Epilepsy Foundation.

Ongoing uncertainty over funding led us to advocate for more sustainable support and government acknowledgement of the health needs of our community.

We received a Victorian Government commitment of \$315,000 a year for two years, giving us some short-term certainty. We will continue our quest for \$1.3M recurrent annual Victorian Government funding.

Structural changes that separated DHHS into Department of Health and Department of Families, Fairness and Housing, further complicated our efforts to secure recurrent funding.

We thank the State member for Lara, and 27forParkinson's Ambassador John Eren MP, who raised our profile within State Government ranks and helped us secure meetings with the Department of Health and Minister for Families, Fairness and Housing.

We are grateful that the transition to the Department of Health officially recognises Parkinson's Victoria as a vital health service.

Investing in Research



Music therapist Fiona and speech pathologist Caterina, provide input into the ParkinSong leaders' training program.

Parkinson's Victoria is committed to supporting research that improves the lives of people with Parkinson's and Atypical Parkinson's. We partner with universities and institutes to support scientific research into causes and potential cures, and applied research into health and wellbeing.

Despite the challenges of COVID-19, such as fewer applications and restrictions impacting on clinical trials, we were proud to continue our support of several key research programs.

PARKINSONG™

COVID-19 restrictions meant we were unable to undertake a planned extension of our initial encouraging research into ParkinSong™, an activity-based peer support program involving vocal warm-up and exercise, practical communication activities, group singing and social engagement.

However, it provided the perfect opportunity to look into a feasibility study and clinical trial to investigate the therapeutic benefits of ParkinSong™ as an online program.

Like much of the innovative solutions we adopted to address the challenges of the global pandemic on our community, this will allow for greater access in a world of

digital connectivity and capability and meet our goal to reach a wider cohort.

We have recruited 14 participants for the feasibility study, and will follow it with a 12-week randomised clinical trial in 2022.

And thanks to a generous donation from Frank and Swan Halim (see page 19), we were able to support the research through creation of a world-class online leaders' training program.

PARKINDANCE

With public dancing off the agenda thanks to the COVID-19 pandemic, we moved our ParkinDANCE research project online. We believe this to be the first time an activity-based trial has been delivered digitally.

ParkinDANCE is a structured therapeutic dancing intervention co-produced by people living with Parkinson's, physiotherapists, dance instructors, researchers from La Trobe University and Parkinson's Victoria.

This randomised control trial looked at the specific dose of physical activity, in the form of dance, needed to have a positive benefit on the symptoms of Parkinson's.

The research aimed to provide objective evidence as to whether people with Parkinson's would see significant improvements in movement, wellbeing and social engagement if participating in online dancing classes twice a week for four weeks.

It showed that people living with Parkinson's were able to quickly adapt to online delivery of the ParkinDANCE program when provided with support and resources, as well as access to classes run by credentialed dance instructors. The research was accepted for journal publication in October 2021.

PARKINSONNET

Following the Parkinson's Victoria Board commitment to approve the investment of \$200,000 across two years to adapt and introduce ParkinsonNet in Victoria, we have been working toward developing a model for testing in 2022-23.

In October 2020, we entered into an agreement with ParkinsonNet, an initiative of the Radboud University Medical Centre in the Netherlands, with a feasibility study beginning in March 2021.

The research project is exploring and comparing health systems, health outcomes and funding models. The first stage, completed in June 2021, looked at planning and stakeholder analysis and included in-depth reviews and interviews. The next stage will focus on feasibility and sustainability.

The aim of the research project is to guide models of care and provide the Parkinson's community the evidence needed to develop and deliver new models of care for more favourable outcomes.

The goal of ParkinsonNet is to give people living with Parkinson's the best possible quality of life by providing

the highest quality of care and giving them autonomy over their lives.

This patient-centred and network-based healthcare model has been adapted for respective health systems across the Netherlands, Germany, Belgium, Norway, Czech Republic, parts of California and the UK. We look forward to the outcomes of the current feasibility study.

BRAIN BANK

Parkinson's Victoria continued to support the Victorian Brain Bank Network (VBBN), auspiced by the University of Melbourne and the Mental Health Research Institute.

During the reporting year, with donations suspended due to COVID-19, the Brain Bank collected 20 new brain donations, five confirmed as either Parkinson's, Multiple System Atrophy or Progressive Supranuclear Palsy.

Four Australian and international research projects have been granted access to 942 Parkinson's-related and control brain tissue samples:

- The Florey Institute of Neuroscience and Mental Health in collaboration with Emory University, Georgia USA
- The University of Queensland
- University College, London
- Kyung Hee University, South Korea.

The Victorian Brain Bank, with our support, is also involved in ongoing efforts to secure long-term funding to re-establish an Australian Brain Bank network.

← → ↻ 🔒 <https://www.parkinsonnet.com> ☆ 📧 ☰

Over 10,000,000 people in the world live with Parkinson's disease

ParkinsonNet is on a mission; to improve the lives and guarantee the best possible care for people impacted by Parkinson's disease.

We strive to provide the best possible care for people with Parkinson's disease

How do we accomplish that mission? We create healthcare networks of professionals and people living with Parkinson's disease, we train and educate healthcare professionals and make them experts in Parkinson's disease, worldwide. Why? Because we believe that the best possible care for this complex disease is only possible through expertise and working together as one team.

Supporting the Parkinson's community

Forty years ago, on November 27 1980, a determined group of 18 people attended the first ever meeting of what would become the Parkinson' Disease Association of Victoria.

Since that time, we have continued to grow and develop to meet the needs of our community, backed by government funding and underpinned by our vision of a world without Parkinson's. We remain indebted to those founding members.

PEER SUPPORT GROUP PROGRAMS

This year, more than ever before, our Peer Support Group (PSG) program was key to connection and education at a local level for people with Parkinson's and their families.

The model is education and information focused, aimed at providing participants with the knowledge to:

- better self-manage their symptoms
- understand their rights and responsibilities
- locate and use services effectively.

While COVID-19 disrupted in-person gatherings, we worked diligently to help each group to connect in the way that worked best for them - through Facebook, digital platforms, letters, phone trees, care packs and more.

We supported COVID training for leaders and COVID-safe marshals and all but three groups were able to continue some COVID-safe face-to-face meetings between lockdowns, with none stopping altogether due to COVID-19.

In fact, by going online some groups, including the specialist Atypical Parkinson's, Deep Brain Stimulation and Infused Therapy groups, were able to remove barriers to participation and increase their memberships.

We currently have 69 PSGs, made up of four specialist online, five painting groups, 10 singing groups and 50 geographically based groups.

During the year, we were able to refine and finalise our PSG leader manual and the Painting with Parkinson's leader manual. We also helped some groups apply for community grants, including grants to cover venue costs.

The pandemic has highlighted the need for these invaluable groups, and we thank each and every leader and participant for their continued support of our community.

ONLINE SINGING

In December 2020, we held our first ever Carols by Zoom-light, facilitated by a Parkinson's Victoria Music Therapist.

This was a perfect opportunity to virtually get together for a festive sing-along.

We followed the carols with weekly online singing for PSG participants, many of them ParkinSong™ group participants unable to attend this face-to-face therapeutic program.

The online sessions were intended to complement, not replace, ParkinSong™, instead providing an opportunity for people to come together, work out their lungs and release endorphins - or happy hormones.

More than 1500 people enjoyed 34 online singing sessions, which were opened to the general community to attend from August 2020.

Sir Zelman Cowen Award



Judy Phelan (pictured above) is a committed and prominent role model in the Parkinson's community. For more than 20 years, she has exemplified living a full life with Parkinson's. For that, and her fundraising efforts, Judy is this year's Sir Zelman Cowen Award Winner.

The award is Parkinson's Victoria's highest honour. First presented in 2006, it is given to a person who has shown outstanding service to people living with Parkinson's.

Judy's award is the culmination of more than 15 years as a member of Parkinson's Victoria. Over the years she received many others, including a Certificate of Appreciation in 2015, a Community Recognition Award in 2017 and Honorary Life Membership in 2020.

Over the past 10 years, Judy has raised more than \$100,000 for Parkinson's Victoria, either directly or indirectly. She's been a consistent top 5 fundraiser for A Walk in the Park and this year raised \$5061 for 27forParkinson's.

As the faces of our 2019 End of Year Appeal, Judy and her husband Ian shared their personal stories of diagnosis and living with Parkinson's. Their effort helped the appeal raise more than \$50,000.

Judy has not only been a leader in our fundraising activities, she's a tireless supporter of Parkinson's Victoria. She has generously given her time, as media spokesperson, walk ambassador and volunteer.

We are indebted to Judy for her extended period of support, and for being an integral part of the Parkinson's Victoria family.

Harold Waldron Award



Elaine Maberly (pictured above) first became involved with the Ballarat Parkinson's Peer Support Group when her husband Jonathan was diagnosed with Parkinson's in 1996. And although Jonathan passed away more than 9 years ago, she has stayed on as leader of the support group.

This makes Elaine a fitting recipient of our inaugural Harold Waldron Carer's Award, named for Harold Waldron, who continued as leader of the Geelong Peer Support Group for 10 years after his wife Margaret, who had Parkinson's, passed away in 1999.

The award is presented to a family member or friend, touched by Parkinson's, who has made a significant difference to the Parkinson's community through their voluntary leadership or support of a peer support group leader.

A trained physiotherapist, Elaine was an early adaptor of exercise for Parkinson's and drove the introduction of the Parkinson's exercise class in Ballarat that's still running today.

Elaine also promotes the need for carers to look after themselves, and to recognise when to ask for help. This is why support groups are so important.

We thank Elaine for her continued leadership of our Ballarat Peer Support Group.

2020 VOLUNTEER RECOGNITION AWARDS

Parkinson's Victoria's annual Volunteer Recognition Awards acknowledge their service and support of the Parkinson's community.

Honorary Life Members

Mike Jobling
Betty Suggett
Professor Meg Morris

Years of Service Awards

Continuous service of volunteers in an administrative, project or service capacity, particularly PSG coordination.

5 Year Service Awards:

Diane Whitelaw

Community Recognition Award

Contribution of an individual or organisation to events or activities:

Keith Anderson
Kirsten George
Darryl Roberts
Bev Boag
Isa Adams
Noala Flynn (posthumously awarded)

Certificate of Appreciation

Contribution of an individual or organisation to a community event or activity to support/raise awareness:

Sue Harper
Karyn Spielberg
Doninic Hare
Russell Joyce
Sheenagh Bottrell
John Young
Col Berry
Cathy Crerar
Firefighters Charity Fund

Fundraising

Donations, bequests, and community fundraising represented 58% of Parkinson's Victoria's overall income in FY 2021.

27FORPARKINSON'S

Innovation in event delivery was key to success this year and we rose to the challenge to successfully roll out our first ever virtual community fundraiser.

27forParkinson's allowed us to positively respond to an identified community need for connection and activity.

Held across 27 days in October, 27forParkinson's asked people to walk at their own pace, 27 times from 1-27 October. The number 27 was chosen to represent the 27,000 Victorians with Parkinson's.

The event was embraced by many more than anticipated, inspiring and virtually connecting almost 6000 supporters and helping to revitalise our community in terms of both participation and fundraising.

In total, 963 people registered for 27forParkinson's, with 687 (71%) of them actively fundraising, double the industry average. They were supported by 5000 friends, family and wider networks, who raised and donated \$598,000.

With participants able to join from any location, 27forParkinson's also extended our reach further than ever before, particularly in regional and rural areas.

Strong media coverage was significantly driven by State MP, Member for Lara, John Eren, who came onboard as event ambassador after publicly disclosing his Parkinson's diagnosis.

He was joined by other community ambassadors, including Fire Rescue Victoria Commander Steve Watts, City of Yarra Peer Support Group leader and YOPD advocate Sheenagh Bottrell and Young Onset and LGBTQIA advocate, Belinda Zipper.

We were also proud to have the support of two celebrity ambassadors, both of whom have been touched by Parkinson's through their mothers' diagnoses.

Iconic actor and presenter, Shane Jacobson, encouraged people to get involved in the event via pre-recorded video and Olympian Steve Moneghetti was interviewed in the Ballarat Courier.

We thank all ambassadors and participants who shared their stories with the wider community throughout the 27forParkinson's campaign. Their involvement truly reinforced to others with Parkinson's that they are not alone on their journey.

27forParkinson's was not designed to replace A Walk in the Park, which has been re-scheduled to the first quarter of 2022.



MP'S SUPPORT AFTER DIAGNOSIS

We extend our appreciation to Victorian MP, Member for Lara, John Eren, and acknowledge his passion and the personal and advocacy support he provided to both us and our event.

John publicly disclosed his Young Onset Parkinson's diagnosis in August 2020 and just two months later, was keen to support 27forParkinson's as an Ambassador.

Sharing his personal story on TV, radio and print media, he generated awareness of the both the event and condition, using his profile to encourage others to understand the warning signs and not put off visiting their GP.

John personally raised \$13,841. His support was also integral to an unexpected Victorian Government donation of \$150,000 in recognition of the information and support service we provided for people with Parkinson's and their families.



SOCIAL MEDIA CONNECTION

Another new concept introduced as part of 27forParkinson's was a Facebook group for participants. This closed group provided a safe and secure place for community to connect, encourage and inspire each other. Just over 200 participants joined, many of whom actively shared content. Across 27 days, we learned about their personal experiences and why they were walking. We were treated to beautiful images and reflections from across the state.

An example was Benalla's Christine Challman (pictured above). Christine was part of Rob's Gang, a team formed around Rob Horsburgh, who was diagnosed with Parkinson's 7 years ago.

Christine has been best friends with Rob's wife Lona since 1972 and lives more than five hours away from her. She became a highlight for others, showcasing the region's street and silo art.

Meanwhile, Ambassador Sheenagh Bottrell, walked wearing or displaying a different dress every day, including her mid-'80s Royal London Hospital nurses' uniform.

It was through the sharing of such experiences that members of this group truly connected.



FUNDRAISING CHAMPIONS

With no registration fee for 27forParkinson's, fundraising success was due to the wonderful efforts of the 963 people who actively raised sponsorship funds.

We appreciate every dollar raised to help improve the quality of life for people living with Parkinson's and the search for a cure. We acknowledge the following top fundraisers.

Individuals

John Eren	\$13,841
Daris Olsauskas	\$10,980
Stephen Lake	\$6004
Meredith Morgan	\$5366
Judy Phelan	\$5061

Teams

John Eren	\$29,171
Firefighters Charity Fund	\$27,276
Rob's Gang	\$13,219
Yarra PSG	\$10,187
Team Biff	\$9513

We also extend our appreciation to our corporate event sponsors, GlobalKinetics, Stada, Medtronic and UCB, whose combined contribution of \$13,000 helped off-set event costs.



Fundraising cont...



FIREFIGHTERS STEP UP

We extend our appreciation to Fire Rescue Victoria (FRV) and The Firefighters' Charity Fund for their generosity in supporting Commander Steve Watts and in turn, the wider Parkinson's community.

Steve, who has been a director of Parkinson's Victoria since September 2019, became actively involved in raising awareness and funds for Parkinson's after his November 2017 diagnosis.

As part of 27forParkinson's, he organised a 48-hour treadmill challenge. Between 5-9 October, more than 500 FRV firefighters and staff walked 5384km, raising \$6182.

This amount was complemented by a generous donation from The Firefighters Charity Fund, raising a total of \$27,276.

DONATIONS AND BEQUESTS

Parkinson's Victoria relies on donations and bequests so it can support individuals and families affected by Parkinson's.

We are particularly grateful for the generosity shown by the following individuals, organisations, trusts and foundations whose support allows Parkinson's Victoria to grow and evolve to meet the increasing and changing needs of those who need our help.

Trust and Foundations

- G&I Meagher Charitable Trust
- Mackenzie Family Foundation
- David Henning Memorial Foundation

Bequests

- Estate of the late Joe White
- Estate of the late Jennifer Ethel Harte
- Estate of the late Rudolf Guehr
- Estate of the late Margaret Confoy
- Estate of the late Craig Johnston
- Estate of the late Alfred Noel Curphey

Community Fundraisers

- Malvern Golf Club
- Peter Gladstone – PSP Awareness Ride
- Zak Rogers – Crossfit TMA
- Moonee Valley Bowls Club



Cheque handover from Moonee Valley Bowls Club fundraiser.



Dianne's active fundraising challenge was supported by TMA Crossfit's Zac Rogers in Wodonga.

DONATION IN ACTION

Research had already proven the success of the ParkinSong™ but in growing the program, we needed to develop training tools for leaders to deliver quality, consistent programs to support people living with Parkinson's.

Thanks to Frank and Swan Halim, who donated \$30,000 for Parkinson's Victoria, we were able to design and deliver:

- two leader training courses – one aimed at program leaders, another at program coordinators
- 16 learning modules.

As part of the development process, we collaborated with current leaders and coordinators, whose feedback was used to refine the final product. Fifteen people completed the training, with participants reporting they:

- felt more confident to lead groups
- enjoyed the clear and concise information.

After the training finished, we established a ParkinSong™ leader Community of Practice, giving leaders a place to receive support each other and share information.



97%

reported training would support a new leader to deliver the program



100%

reported improved understanding of the program which leads to higher quality of delivery



98%

reported that online delivery is an effective way of developing leaders



Helen and Jane from Malverndale Ladies Golf Club

Corporate Partnerships

Without the generosity and commitment of our corporate, community and government partners, Parkinson's Victoria would not be where we are today. Their support is vital to the success of our comprehensive range of support and education programs for people living with Parkinson's and their families.

We thank the following companies and organisations for their support in 2020-21.

Corporate partners



Community partners

- World Parkinson Coalition
- Maurice Blackburn
- Epilepsy Foundation Australia
- Fire Rescue Victoria

Research partners

- La Trobe University
- University of Melbourne
- The Florey Institute of Neuroscience and Mental Health

Government partners

- Western Victoria Primary Health Network

The Parkinson's Victoria Information Line is supported by the Victorian Government.



John Eren MP and Commander Steve Watts at the 27forParkinson's FRV treadmill challenge launch in Geelong.

Parkinson's Victoria Board

The Board sets our strategic direction, providing leadership and guidance. Its members are committed to our mission of enabling people living with Parkinson's to lead active and full lives and to support the development of more effective treatments, and a cure, for Parkinson's.

The Board has three committees - Research, Governance and Risk, and Finance and Investment - to ensure it satisfactorily discharges its responsibilities and duties.



**Professor
David Finkelstein**

Chair Research Committee
B.Sc., Grad. Dip. Scientific
Instrumentation, M. Sc., Ph.D.
Appointed: May 2014



Jason Karametos

Chair Finance and Investment
Committee
B Com/LLB (Hons), LLM
Appointed: April 2018



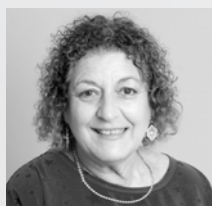
**Professor
Jennifer McGinley**

Member Research Committee
B.App.Sci (Physiotherapy);
Grad Dip (Neurosciences); PhD
Appointed: February 2021



Celia Robinson

Member Research Committee
M.Pub&IntLaw, B.Bus
(Local Government)
Appointed: August 2017



Karyn Spilberg

Member Research Committee
B.Ed., Grad. Dip. Computer Education,
Grad. Dip. English as a Second
Language
Appointed: May 2014
Resigned: November 2020



Faye Spiteri

Chair Governance and Risk
Committee
B.A., GradCert PubRelations
Appointed: October 2019



Philip Thomas
Chair

Member Governance
and Risk Committee
M. ComLaw, B.Bus., Grad. Dip. CSP.,
ASA, FCSA, FCIS, F.Fin, MAICD
Appointed: June 2016



Orlando Viola

Member Finance and Investment
Committee
BBus (Bachelor of Business –
Accounting)
Appointed: September 2019



Steve Watts

Member Governance and
Risk Committee
Grad. Cert. Applied Management.
Adv. Dip. Business Management
Appointed: September 2019



Financial Report

Parkinson's Victoria reported a surplus of \$922,163 for the financial year 2020-21.

The strong result was made possible by generous donations due to the success of 27forParkinson's, bequests, and income from investments. The financial result was a decrease of \$380K from the prior year mainly due to extraordinary bequests in the previous year.

We entered the financial year in the midst of a global pandemic which affected the revenue streams of Parkinson's Victoria.

Our main focus remained to support our community and we increased outbound call support and waived membership fees.

To support our services amidst the financial uncertainty created by the pandemic, we sought and secured Victorian Government funding of \$340k excluding Government support of \$268k through JobKeeper and other measures.

27forParkinson's, a virtual event conducted in place of our yearly community awareness and fundraising event, A Walk in The Park, was a major success both in terms of community engagement and fundraising, raising total funds of \$610k.

Bequest income for the financial year was \$785k which was largely applied as an additional investment into our investment portfolio.

Our investment portfolio continued to perform, and achieved a return of \$713k in income and capital appreciation compared to a loss of \$101K in previous year.

Our investment in research was \$91K which was a decrease of \$27K from last year, with a corresponding decrease of \$95K in research donations from last year.

Our net assets remain at a strong position of \$5.872 million, an increase of \$922K from last year. Research funds remained at \$631K with a plan to increase the investment in research over the coming years.

Budget for FY22 forecasts a deficit of \$168K where we will continue to focus on supporting our community and deliver on new and ongoing programs.



Jason Karametos

Chair Finance and Investment Committee



\$5.8M

assets



\$922K

surplus



\$713K

return on investments



\$631K

research fund will support planned increase in research

Auditor's Report



Chartered Accountants & Advisors

Walker Wayland Advantage Audit Partnership
Audit & Assurance Services

Level 7, 114 William Street
Melbourne VIC 3000
Australia

ABN 47 075 804 075

T +61 3 9274 0600

F +61 3 9274 0660

audit@wwadvantage.com.au

wwadvantage.com.au

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF PARKINSON'S VICTORIA LIMITED

Opinion

We have audited the accompanying financial report of Parkinson's Victoria Limited (the Company), which comprises the statement of financial position as at 30 June 2021, the statement of profit or loss and other comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies and the directors declaration.

In our opinion the financial report of Parkinson's Victoria Limited has been prepared in accordance with Division 60 of the *Australian Charities and Not-for-profits Commission Act 2012*, including:

- (a) giving a true and fair view of the Company's financial position as at 30 June 2021 and of its financial performance and cash flows for the year ended on that date; and
- (b) complying with Australian Accounting Standards to the extent described in Note 1, and Division 60 of the *Australian Charities and Not-for-profits Commission Regulation 2013*.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Company in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 Code of Ethics for Professional Accountants (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter - Basis of Accounting

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared for the purpose of fulfilling the entities' financial reporting responsibilities under the ACNC Act. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.



Independent Member of

BKR
INTERNATIONAL

Liability limited by a scheme approved
under professional standards legislation.



Independent Member of
Walker Wayland Australasia Limited,
a network of independent accounting firms



Auditor's Report cont...



INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF PARKINSONS VICTORIA LIMITED (Continued)

Other Information

The directors are responsible for the other information. The other information comprises the information included in the Company's annual report for the year ended 30 June 2021, but does not include the financial report and our auditor's report thereon.

Our opinion on the financial report does not cover the other information and accordingly we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial report, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial report or our knowledge obtained in the audit or otherwise appears to be materially misstated.

If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Directors' Responsibility for the Financial Report

The directors of the Company are responsible for the preparation of the financial report that gives a true and fair view and have determined that the basis of preparation described in Note 1 to the financial report is appropriate to meet the requirements of the ACNC Act, and for such internal control as the directors determine is necessary to enable the preparation of a financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the directors are responsible for assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless management either intends to liquidate the Company or to cease operations, or has no realistic alternative but to do so.

The directors of the Company are responsible for overseeing the Company's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.



**INDEPENDENT AUDITOR'S REPORT
TO THE MEMBERS OF PARKINSONS VICTORIA LIMITED (Continued)**

- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with directors of the Company regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Walker Wayland Advantage

**WALKER WAYLAND ADVANTAGE AUDIT PARTNERSHIP
CHARTERED ACCOUNTANTS**



**AWAIS UR REHMAN
PARTNER**

Dated in Melbourne on this 21st day of October 2021

Financials

STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME FOR THE YEAR ENDED 30 JUNE 2021	2021 \$	2020 \$
Income		
Revenue	2,870,729	3,143,540
Research Revenue	26,914	121,482
Victorian Dept of Health and Human Services Grant	341,000	300,000
Total Income	3,238,642	3,565,022
Expenditure		
Employee Benefits expense	(1,551,591)	(1,352,431)
Depreciation and amortisation expenses	(29,380)	(26,534)
Depreciation – Right of use assets	(64,277)	(32,138)
Finance costs	(22,301)	(21,338)
Research expenses	(91,312)	(118,679)
Other Operating expense	(557,618)	(711,726)
Total Expenditure	(2,316,479)	(2,262,846)
Surplus for the year before income tax	922,163	1,302,176
Income tax expense	-	-
Net surplus for the year	922,163	1,302,176
Other comprehensive income:		
Items that will not be reclassified subsequently to profit or loss	-	-
Items that will be reclassified subsequently to profit or loss when specific conditions are met	-	-
Total other comprehensive income for the year	-	-
Total comprehensive income for the year	922,163	1,302,176
Total comprehensive income attributable to members of the entity	922,163	1,302,176
STATEMENT OF CASH FLOW FOR THE YEAR ENDED 30 JUNE 2021	2021 \$	2020 \$
CASH FLOWS FROM OPERATING ACTIVITIES		
Receipts from donations, bequests and other income	2,184,143	3,251,263
Government grant	341,000	300,000
Payments to suppliers and employees	(2,033,300)	(2,156,515)
Interest paid	(3,489)	-
Interest received	2,705	8,631
Net cash generated from operating activities	491,059	1,403,379
CASH FLOWS FROM INVESTING ACTIVITIES		
Purchase of plant and equipment	(11,531)	(20,153)
Investment in Financial Assets	(1,724,537)	(206,329)
Income from Investments	129,590	260,000
Management fees for Investments	(16,083)	(15,295)
Net cash (used in)/generated from investing activities	(1,622,561)	18,223
CASH FLOWS FROM FINANCING ACTIVITIES		
Repayment of lease - Principal	(67,072)	(592)
Net cash (used in)/generated from Financing activities	(67,072)	(592)
Net decrease in cash held	(1,198,574)	1,421,010
Cash on hand at the beginning of the financial year	2,241,103	820,093
Cash on hand at the end of the financial year	1,042,529	2,241,103

STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2021	2021 \$	2020 \$
ASSETS		
CURRENT ASSETS		
Cash and cash equivalents	1,042,529	2,241,103
Accounts receivable and other debtors	42,649	60,042
Inventories	512	899
Other current assets	3,602	75,432
TOTAL CURRENT ASSETS	1,089,292	2,377,476
NON-CURRENT ASSETS		
Plant and equipment	37,482	55,331
Right of Use assets	37,495	101,771
Financial Assets at fair value through profit or loss	5,090,557	2,782,423
TOTAL NON-CURRENT ASSETS	5,165,534	2,939,525
TOTAL ASSETS	6,254,826	5,317,001
LIABILITIES		
CURRENT LIABILITIES		
Accounts payable and other payables	163,131	99,221
Lease Liability	37,012	67,072
Provisions for Employee Benefits	178,993	142,384
Revenue received in advance	-	15,000
TOTAL CURRENT LIABILITIES	379,136	323,677
NON-CURRENT LIABILITIES		
Lease Liability	-	37,012
Provisions for Employee Benefits	4,126	6,911
TOTAL NON-CURRENT LIABILITIES	4,126	43,923
TOTAL LIABILITIES	383,262	367,600
NET ASSETS	5,871,564	4,949,401
EQUITY		
Members' funds	5,240,329	4,288,399
Research Funds	631,235	661,002
TOTAL EQUITY	5,871,564	4,949,401

STATEMENT OF CHANGES IN EQUITY FOR THE YEAR ENDED 30 JUNE 2021	Members' funds \$	Research funds \$	Retained surplus \$
Balance at 1 July 2019	2,973,231	673,994	3,647,225
Comprehensive income			
Surplus for the year	1,302,176	-	1,302,176
Other comprehensive income for the year	-	-	-
Total comprehensive income attributable to members of the entity	1,302,176	-	1,302,176
Transfer between Members' Funds and Research Funds	12,992	(12,992)	-
Balance at 30 June 2019	4,288,399	661,002	4,949,401
Balance at 1 July 2020	4,288,399	661,002	4,949,401
Comprehensive income			
Surplus for the year	922,163	-	922,163
Other comprehensive income for the year	-	-	-
Total comprehensive income attributable to members of the entity	922,163	-	5,871,564
Transfer between Members' Funds and Research Funds	29,767	(29,767)	-
Balance at 30 June 2020	5,240,329	631,235	5,871,564

HOW YOU CAN HELP

Give

Your donations mean we can continue to offer vital information, support and education services to Victorians affected by Parkinson's.

Leave a gift in your Will

A gift in your will is a valuable way to help create a brighter future for Victorians living with Parkinson's.

Fundraise

Get involved in one of our fundraising events—or organise your own.

Partner with us

There are many ways we can work together to help more people with Parkinson's live their best life possible. Find out how your organisation can be part of our achievements.

Volunteer

There are many ways you can volunteer with us. Help with administrative tasks, share your professional skills or help at an event. Contact us for more information.

CONNECT WITH US



[linkedin.com/company/parkinsons-victoria](https://www.linkedin.com/company/parkinsons-victoria)



[facebook.com/parkinsonsvic](https://www.facebook.com/parkinsonsvic)



[@parkyvic](https://www.instagram.com/parkyvic)



IN THIS TOGETHER
parkinson's
VICTORIA

ABN: 59 604 001 176

587 Canterbury Road
Surrey Hills VIC 3127

T: (03) 8809 0400

E: info@parkinsons-vic.org.au

[parkinsonsvic.org.au](https://www.parkinsonsvic.org.au)