



**Your legacy will improve the lives
of those living with Parkinson's.**

A guide to leaving a gift in your Will



A message from our CEO

When you decide to leave a gift in your Will to Fight Parkinson's, you are joining a community of people who are choosing to create a better future for those impacted by Parkinson's. Your legacy will live on well after you're gone.

There are over 219,000 Australians living with Parkinson's, and it's expected to double by 2040.

A Parkinson's diagnosis is life-changing not only for the individual but for their family and loved ones. **The fight is complex and unique to every person however we are stronger when we fight together - we can say more, do more, be more, and achieve more.**

By leaving a gift in your Will, you are ensuring all Australian's have equal access to the most advanced health information, support and education free of charge, whilst having a direct impact on supporting research into finding a cure.

I see firsthand the impact of Fight Parkinson's work. It is why I am also leaving a gift in my Will. Through my legacy, I hope to empower people living with Parkinson's and Atypical Parkinson's to get the most out of their lives.

I hope you will join me in leaving a gift in your Will. Together, we can support people living with Parkinson's and provide hope for the future.

Together we can fight Parkinson's.

Emma Collin
CEO
Fight Parkinson's

Shape a stronger future for those living with Parkinson's

When you choose to leave a gift in your Will to Fight Parkinson's, you are giving everyone impacted by Parkinson's access to comprehensive support and research, so they can live a full and active life.



Health Information Service

Fight Parkinson's provides a free and confidential health information service that is staffed by expert Parkinson's nurses, an occupational therapist, a physiotherapist and a speech pathologist. This valuable resource ensures we can support the complex needs of people living with Parkinson's, their families and carers.



Online Education Learning Hub

Our online Learning Hub is free and easy to access. The educational courses cover all aspects of living with Parkinson's for individuals, their families and carers.



Peer Support Groups

The groups provide people living with Parkinson's an opportunity to meet regularly in a welcoming environment. They provide educational information, social connection, and a supportive community.



Community Events and Seminars

Fight Parkinson's has developed health events and seminars that are designed to educate people living with Parkinson's and health professionals on all aspects of Parkinson's. They include seminars for people recently diagnosed, along with community seminars that aim to provide the community with a better understanding of Parkinson's.



Research

Fight Parkinson's actively supports research by partnering with research institutes and universities. The research programs aim to discover more about the cause, and potential cure, of Parkinson's and Atypical Parkinson's along with ways to improve the lives of people currently living with Parkinson's.

A Lifetime of Support: Judy and Ian's Legacy to the Parkinson's Community.



“By leaving a gift in our Will we want other families like ours to have the support they need to get through the hard times, but also to have access to a community that cares about them.” Ian said.

Judy's journey with Parkinson's started in 2000. As an award-winning caterer, she had passionately worked hard all her life, so being diagnosed was a shock to her and her entire family.

Over the last 23 years, Judy and her husband Ian have had to navigate living with Parkinson's. However, every step of the way they have had the support of Fight Parkinson's (previously Parkinson's Victoria).

As Judy's Parkinson's progressed and she struggled with daily tasks, Ian became her full-time carer. Whether it was questions about under-going Deep Brain Stimulation or other health related issues, Ian has always reached out to Fight Parkinson's - "I always knew Fight Parkinson's were there if I needed anything," Ian said.

Judy and Ian also attended a monthly support group in their local suburb where they connected with other families in their community living with Parkinson's.

"I think it's important for people who have the condition to be able to just feed off each other and talk to people who are in different stages of their diagnosis, to get some support of where they think they might be."

“You need to know it's not enough just to survive, we need to live well. And whilst I still have the energy, I'll continue to fundraise and raise awareness. I know it's too late for me to benefit from new research, but it's enough to know it could spare others some of the grief that we experienced.”

- Judy in 2019



“The Parkinson's community is part of us. It's part of our family and we hope to always be part of it too.”

Recently, Ian became aware of a close friend's family member who had been newly diagnosed with Parkinson's. Ian immediately offered him "have this In Motion magazine and reach out to Fight Parkinson's and get their support."

Judy and Ian believe it was the Parkinson's community that gave them the support and strength they needed. They are passionate about ensuring other families have the vital support they need to live well with Parkinson's.

Both Judy and Ian get so much comfort knowing that their legacy of support for the Parkinson's community will continue with their decision to include Fight Parkinson's in their Will.

"I was very conscious that when we re-made our Will, I would put something aside [for Fight Parkinson's], whatever that may be, and I felt better since I wrote it down. This is something as a community - we need to do. And if you are able to, please try and do it. Small amounts add up," Ian said.





Why is a Will important?

It is important to have a Will, and anyone can do it. Your Will ensures your last wishes will be carried out the way you intended.

Whether you are amending, overhauling, or creating a new Will, it is natural to take care of your loved ones first.

It also offers you the chance to create a lasting legacy, supporting the life-changing work of charities that are important to you. Making this commitment will ensure that your beliefs and values live on.

It is important to talk to the people close to you about your wishes and the reasons why you might choose to leave a gift to Fight Parkinson's.

If you do make the decision to leave a gift, thank you so much. No matter the size, your support will make a big difference. It will mean those in the Parkinson's community can continue to access the most advanced health information, support, and education free of charge.

Fight Parkinson's organisational details

When engaging with your solicitor you may be asked for Fight Parkinson's details which are the following:

Parkinson's Victoria Ltd now operating as Fight Parkinson's
PO Box 116
Camberwell VIC 3124

Keep your Will safe

Your solicitor will often look after your Will for you, but you may wish to retain your own copy too. If you choose to write your own Will, make sure to tell a relative or close friend where the original copy of your Will is stored.

Types of gifts in Wills and wording

Residuary gift

This is what remains of your estate once other gifts and payments have been made. A residuary gift will keep pace with inflation meaning you are able to choose what proportion of your estate is left to friends, family, or charity.

If you are leaving a residuary gift:
"I give all (or ...% of) the residue of my Estate to Parkinson's Victoria Ltd, now operating as Fight Parkinson's, for the general purposes. I declare that the receipt of the Chief Executive Officer, Treasurer or other authorised shall be sufficient discharge to my executors."

Percentage gift

This gift can be a percentage of your primary estate or residuary estate, as determined by you. The significant consideration with this type of gift is that it will work in conjunction with inflation, which means that your gift will be realised in line with your intentions, fulfilling your legacy.

If you are leaving a percentage gift:
"I give X% from my whole/ residuary Estate to Parkinson's Victoria Ltd, now operating as Fight Parkinson's, for its general purposes. I declare that the receipt of the Chief Executive Officer, Treasurer or other authorised shall be sufficient discharge to my executors."

Pecuniary gift

This is a set amount of money determined by you at the time of making or changing your Will. The value of which may decrease over time due to inflation.

If you are leaving a pecuniary gift:
"I give \$X from my Estate to Parkinson's Victoria Ltd, now operating as Fight Parkinson's, for its general purposes. I declare that the receipt of the Chief Executive Officer, Treasurer or other authorised shall be sufficient discharge to my executors."

Specific gift

A gift of a specific item, such as property or shares.

If you are leaving a specific gift:
"I give to Parkinson's Victoria Ltd, now operating as Fight Parkinson's, the sum of \$_____ (or item) for its general purposes free of all duties and taxes payable upon or in consequence of my death. I declare that the receipt of the Chief Executive Officer, Treasurer or other authorised officer shall be sufficient discharge to my executors."

Thank you for considering Fight Parkinson's in your Will

A gift in your Will empowers people with Parkinson's to live fulfilling lives with hope for their future.

If you've chosen to leave a legacy via a bequest, thank you.

Informing Fight Parkinson's of your intentions helps us plan and enhance our support. We would also be grateful for the opportunity to personally express our appreciation.



For more information

If you would like to notify us, or if you have any questions, please reach out to our Bequest Manager by phone on 03 8809 0400 or email bequests@fightparkinsons.org.au.

Fight Parkinson's
PO Box 116
Camberwell VIC 3124
Phone: 03 8809 0400

 **Fight
Parkinson's**TM
Together we can