



About Parkinson's Victoria

OUR VISION

A world without Parkinson's.

OUR MISSION

To enable people living with Parkinson's to lead full and active lives.

To support the development of more effective treatments and a cure for Parkinson's.

OUR VALUES

Engagement and Inclusion

We engage and connect people living with Parkinson's, to understand their needs and ensure services, supports and research are responsive, relevant and sympathetic. We promote connection, participation and inclusion as a means to living an active and full life.

Knowledge and Empowerment

We understand the needs and challenges of people living with Parkinson's and their families, and use evidence and best practice to inform, increase understanding and build individual capacity to manage.

Innovation and Excellence

We provide quality services and support in an environment that is committed to continuous improvement and establishing industry standards for people living with Parkinson's, their families and carers.

We promote a learning culture within our organisation, the community and health sector to ensure that advancements in research are reflected in services, methods and responses.

ABOUT PARKINSON'S

Parkinson's is a chronic and progressive neurological condition. In Victoria alone, 27,000 people are living with Parkinson's.

Parkinson's symptoms result from a progressive degeneration of brain cells that produce a chemical called dopamine. The lack of dopamine affects the nervous system and alters co-ordination and movement together with non-motor symptoms such as pain, cognitive change and problems with sleep.

The condition affects people in different ways - no two people will have exactly the same symptoms or experience.

Atypical Parkinson's – sometimes known as Parkinson's Plus – are conditions that initially present like Parkinson's. The conditions include Progressive Supra-Nuclear Palsy (PSP), Cortico Basal Syndrome (CBS) and Multiple System Atrophy (MSA). These conditions have different causes, symptoms and rates of progression to Parkinson's.

WHO WE ARE

Parkinson's Victoria raises awareness and funds for services and research to improve the quality of life for people with Parkinson's and Atypical Parkinson's conditions across the state.

Our multi-disciplinary health team provides expert information and education to people living with Parkinson's, their families and healthcare professionals. Our team also coordinates an extensive network of Peer Support Groups across Victoria.

We are one of seven state-based associations working together across Australia to support more than 70,000 people living with Parkinson's nationwide.

Parkinson's Victoria is a not-for-profit organisation funded in part by the State Government of Victoria. We rely heavily on the generous donations from our community to grow and deliver our support services.

“Parkinson's Victoria is my white knight. The health team are like my best friend on the other end of the phone, always there, listening without judgement and knowing what to do and how to do it.”

Pam West, diagnosed in 2013.

Front cover image: Pam West (L) with her niece Karen Doer (R).

2016-17 highlights

2,839

support group
member
attendances

2,800

participants at
A Walk in the Park

1,313

members across
Victoria

3,700

calls to our
1800 number

\$160,020

invested in research
programs

68

support groups
across Victoria

1,490

handprints
collected for the
#UniteCanvas

4.62M

media reach

126

health professional
visits to support
group meetings

2,521

professional and
community
education session
attendees

79,000

unique website
users



Image: Christine (L) and Fred Van Ross (R)

Chair & CEO Report

Marking the 200th anniversary since Dr. James Parkinson wrote his comprehensive description of the signs and symptoms of a “shaking palsy”, 2016-17 has provided an opportune time for Parkinson’s Victoria to reflect, acknowledge, engage and connect.

Our focus on providing support for those living with Parkinson’s continues as our highly skilled multi-disciplinary health team connected with 9,060 people over the course of the year. This represented an annual increase of 7% and growth of 36% over the last 5 years. The increased connection into the Parkinson’s community is best demonstrated in the growth of calls to our information service, representing a 59% increase over the last 5 years.

We are proud of how we have connected with individuals, organisations and the community to build an understanding of Parkinson’s, having achieved a media reach of 4.62M across two campaigns, the newly launched #UniteForParkinson’s and our eighth A Walk in the Park.

A newly commissioned Awareness and Attitudinal Survey to better understand community recognition and knowledge of Parkinson’s, and the impact of those living with Parkinson’s, highlighted key misconceptions about Parkinson’s. The report will guide future direction of our work.

Approved by the Board in May, the new 2017-21 strategic plan is focused and clear in its aims and expected outcomes. Moving forward, the strategic plan highlights five key areas to continue our connection with the community and facilitate growth to build a Parkinson’s centre of excellence, supporting Parkinson’s research, health and wellbeing. We will:

- Build greater understanding of Parkinson’s with individuals, organisations and the community
- Establish partnerships that enable sustainable service delivery to people across Victoria
- Motivate, retain and recruit high performing, diverse and skilled people
- Greatly increase funding to enable transformational impact in the lives of people living with Parkinson’s
- Continue to measure and share evidence of outcomes and impact of improving the lives of people living with Parkinson’s

In line with the development of the strategic plan, the Board reviewed its committee structure and revised its Governance and Research, Engagement and Advocacy, and Finance Committees.



Image: Emma Collin (L) Assoc. Prof. David Finkelstein (R)

The Board established a new committee structure to better reflect our research agenda, and acknowledge community engagement and advocacy in strategy development. Accordingly, the new Governance Committee supports community advocacy and engagement, corporate strategy, risk and compliance. The Finance and Investment Committee supports finance management and investment, and the Research Committee supports the development of Parkinson’s Victoria’s research agenda and execution of research policy.

Our research program continued to fund local research programs to support best models of care, and advocate on behalf of people living with Parkinson’s. Funding for the Parkinson’s Fellowship and Scholarship programs continued, with some completing their research program or receiving funding for a second year. Our 4th InSearch public research seminars engaged 500 Parkinson’s Victoria members and guests, and featured international neurologist and researcher, Prof. David Devos, and Australian researchers Prof. Simon Lewis and Assoc. Prof. Jenny McGinley.

Finally, we wish to acknowledge the hard work and dedication of our staff and volunteers together with supporters of Parkinson’s Victoria, who ensure we can continue to provide quality health services throughout Victoria.

Assoc. Prof. David Finkelstein
Chair

Emma Collin
Chief Executive Officer

Parkinson's Victoria Board



Assoc. Prof. David Finkelstein Chair

Member Governance and Research Committee 2016
Chair Research Committee 2017
Member Governance Committee 2017
Member Remuneration and Nominations Committee 2016
Parkinson's Victoria representative on Parkinson's Australia Board
B.Sc., Grad. Dip. Scientific Instrumentation, M. Sc., Ph.D.
Appointed: May 2014



Andrew Suggett OAM Vice Chair

Chair Governance and Research Committee 2016
Dip. Acc., Cert. Retail Management
Appointed: November 2011
Resigned: November 2016



Adam Conrad Treasurer

Chair Finance and Investment Committee
Member Remuneration and Nominations Committee 2016
B. Comm., CPA, GAICD
Appointed: November 2012



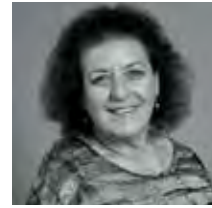
Damian Farrell

Member Finance and Investment Committee
B.A., ACU, FAIM, MAICD
Appointed: November 2012



Sue Harper

Chair Governance Committee 2017
Member Finance and Investment Committee 2016
B.A., Grad. Dip. Ontological Coaching
Appointed: November 2013



Karyn Spilberg

Chair Engagement and Advocacy Working Group 2016
Member Research Committee 2017
Member Remuneration and Nominations Committee 2016
B.Ed., Grad. Dip. Computer Education, Grad. Dip. English as a Second Language
Appointed: June 2014



Shane Murphy

Member Engagement and Advocacy Working Group 2016
Member Governance Committee 2017
B. Applied Computing, Assoc. Dip. Electrical Engineering, Cert. Electrical Engineering, Grade A Electrician
Appointed: November 2015



Philip Thomas

Member Governance Committee 2017
M. ComLaw, B.Bus., Grad. Dip. CSP., ASA, FCSA, FCIS, F.Fin, MAICD
Appointed: June 2016



Dylan Hardy

Member Engagement and Advocacy Working Group 2016
Member Finance and Investment Committee 2017
B.A.
Appointed: June 2017

Health Information Service

As treatment options become increasingly complex and major reforms in the disability and community sector change the way many people access services, the Health Information Service is an essential community resource supporting people impacted by Parkinson's.

Funded in part by the Department of Health and Human Services, our Health Information Service operates a state-wide information advisory service for health professionals and people impacted by Parkinson's and Atypical Parkinson's. Our multi-disciplinary health team guide and educate people with Parkinson's and their family members through symptom management strategies and access to service and support networks. On a secondary level, our clinicians have extensive neurological experience to guide health professionals when understanding symptoms and therapies to better manage their patients. By answering basic and complex questions, the service builds individual capacity to self manage and leads to a sense of empowerment and independence, for those living with the condition to continue to live an active and fulfilled life.

The recent reforms in the disability and community sector have changed the ways many people access health services and the Health Information Service is a particularly valuable resource in guiding people through this system to receive the best treatment. As a part result, the Health Information Service has experienced an 8% increase in calls in 2016-17.

The Health Information Service team experienced an 8% increase in calls to

3,700

59%

increase over 5 years



“Parkinson’s Victoria were the first people I turned to after being diagnosed and the support keeps coming. They allow me to take ownership and some responsibility for how I can move ahead.”

Geoff Constable, diagnosed in 2013



Tailored Health Education

The Health Information team provides a tailored education program for health professionals and people living with Parkinson's to help improve self management and better understand symptoms and treatment options.

In 2016-17, the team of multi-disciplinary health specialists, delivered 9 Parkinson's Victoria led seminars in addition to its collaborative, health professional and aged care education programs.

LIVING WELL SEMINAR OCTOBER 2016

The Living Well Seminar focussed on the needs of people who have been living with Parkinson's for some time. It was a significant educational opportunity for people living with Parkinson's, their families and health professionals to increase awareness of symptoms and management strategies to support advanced Parkinson's. People living with Parkinson's and family members heard keynote speakers including:

- Professor Mal Horne - Living well with Parkinson's
- Dr Wes Thevathasan - Deep Brain Stimulation
- Dr Sanjay Raghav - Infused Therapies
- Dr Luke Smith - Managing thinking changes

Attendees also had the opportunity to participate in tutorials about painting, dancing, singing and Tai Chi aimed at developing new skills and engagement opportunities.

The seminar was rated as 'very useful' by 90% of attendees diagnosed with the condition.

Running in parallel to the people with Parkinson's seminar, the health professionals seminar enabled key insights into treatments and practical strategies to meet the complex needs of people living with Parkinson's.

Of those attending, 26% worked most of their time with people with Parkinson's, and 59% worked some of their time with Parkinson's patients.

8%

increase in
2016-17

2,521

education
seminar
attendees

RECENTLY DIAGNOSED SEMINARS

Following on from a successful regional series of Recently Diagnosed Seminars in 2015-16, an enhanced seminar program was delivered across metro and regional Victoria in 2017. The expanded program enabled delivery of 6 seminars in Melbourne metro and regional centres, and was attended by 327 participants.

These smaller and more personal seminars provided information essential in supporting individuals to understand their recent diagnosis creating a foundation for improved self-management and an opportunity for participants to connect with others facing similar challenges.

In an Australian first, this year a trial of a targeted young onset Recently Diagnosed Seminar was included in the program. The trial evaluated very favourably and identified subtle differences in the information this cohort needed upon diagnosis.

HEALTH PROFESSIONAL EDUCATION

The expanded Health Information team provide ongoing Professional Development courses for health professionals to update and enhance their skill level and knowledge of Parkinson's. Special Interest Groups for Physiotherapy and Speech Pathology were created in 2016 to support sharing of practice and skill development.

NATIONAL AGED CARE EDUCATION

The Health Information team remains a key provider of education to health care professionals within the aged care sector. Implementing the National Aged Care Parkinson's education module provides a foundation for aged care workers to understand symptoms and treatments for Parkinson's so as to reduce unnecessary admissions to acute hospitals. This education module has been delivered in over 50 aged care facilities across the state with an estimated audience reach of 700 participants.



“Thank you for providing a high quality training day at a very reasonable cost. Really enjoyed the multi-disciplinary approach.”

Health Professional participant, Living Well 2016

Supporting the Parkinson's Community

Every day, life with Parkinson's poses challenges and opportunities. Peer Support Groups offer a source of information, social connection, hope and support.

Our role in co-ordinating Peer Support Groups is integral to creating a strong community, focussed on leading active and fulfilled lives.

In 2016-17, the Health Information team made 126 visits to the 43 Parkinson's Support Groups and 25 specialist Support Groups to provide education and information on a range of topics. Focus in regional areas has continued to evolve as health team members collaborated with local community health services to provide education to local health professionals. This strengthening of local specialist care has encouraged better connection of individuals with local community services.

“Our support group provides information and social interaction. But it's more than that. It's a place where we can be slow, clumsy, or dippy without embarrassment. No matter how we are feeling, the empathy and understanding we receive from the group is always uplifting.”

Christine Anderson, Support Group Leader Kyabram

The evolution of specialist groups continued with some groups meeting to fulfil special interests and support social connection, while others meeting to share experiences with new and evolving treatments.

Evolving special interest groups included:

- Dance for Parkinson's
- Deep Brain Stimulation
- Carers
- Infused Therapies
- Parkinson's for Chinese speaking people
- Painting with Parkinson's
- ParkinSong
- PSP & Atypical
- Tai Chi for Parkinson's
- Tango for Parkinson's
- Young@Park
- Young Onset Men's Group





Image: Prof. David Devos (L), Dr Caroline Moreau (C) and Steve Monaggetti (R)

#Unite for Parkinson's

WORLD PARKINSON'S DAY

On Tuesday 11th April 2017, the Parkinson's community united at the National Gallery of Victoria to mark the 200th anniversary of Parkinson's being recognised as a condition.

The convivial voices of ParkinSong singers welcomed the Parkinson's community to listen to Assoc. Prof. David Finkelstein share hope that whilst 200 years without a cure is too long, advancements in research over the last 50 years has meant significantly improved quality of life for those living with Parkinson's.

International researcher Prof. David Devos instilled hope by emphasising recent advancements in the field. Prof. Devos shared with the audience the research that underpins a large European clinical trial that assesses the ability of a particular drug to reduce brain iron deposits and slow the progression of Parkinson's.

Steve Monaggetti – one of Australia's all-time greatest marathon runners – shared, for the first time, his journey with Parkinson's and the impact it has had on his family following his mother's diagnosis more than a decade ago.

To end official proceedings, Geoff Constable, a member of the Parkinson's community, placed the first handprint on the #UniteCanvas, which seeks to represent the 27,000 Victorians living with Parkinson's.

Money raised through the #UniteforParkinson's campaign will go towards furthering research into diagnosis, improved treatments and the search for a cure.

AN INTERNATIONAL AWARENESS CAMPAIGN

Social media and trending hashtags were employed by the international Parkinson's community on World Parkinson's Day to generate global awareness of the 200th anniversary of Parkinson's recognition as a health condition and the fact there is still no cure.

Led by Parkinson's UK and the European Parkinson's Disease Association (EPDA), communities worldwide shared messages of support across Facebook, Instagram and Twitter and embraced the opportunity for a selfie with the #UniteForParkinsons posters.

The #UniteForParkinsons hashtag was used 5,815 times across 76 countries. Parkinson's Victoria shared 17 posts of multiple images and videos with a combined reach of 30,526 Facebook users highlighting a united quest for a cure.



Investing in Research

As a priority of the new strategic plan, Parkinson's Victoria continues to deliver on its research agenda that facilitates and funds research in Australia which seeks to improve the quality of life outcomes for people living with Parkinson's and the pursuit of a cure.

In 2016-17 Parkinson's Victoria continued its second year of funding of the partnership project with La Trobe University, Shake It Up Foundation and the Michael J Fox Foundation for Parkinson's Research (MJFF) measuring mitochondrial respiration and stress in blood cells as a biomarker for Parkinson's.

Parkinson's Victoria was also able to facilitate participation of Parkinson's Victoria members and people living with Parkinson's in a growing number of research and clinical trials.

In 2016-17, Parkinson's Victoria funded and supported local research programs that support best practice models of care, including:

PARKINSONG RESEARCH PROJECT

The aim of this study is to investigate a range of therapeutic and social benefits which may result from participating in ParkinSong - a singing group facilitated by music therapists and speech pathologists for people living with Parkinson's. An unprecedented 120 community members participated in this trial.

Over two years, the study will monitor the use of singing to manage dysarthric (slurred) speech so as to develop more confident communication. Researchers measure if communication improves due to the vocal chords strengthening through rhythmic singing or if there is improvement through the social act of group singing to reduce stress and increase confidence. Whilst not intended to become an alternative to Speech Pathology, ParkinSong as Music Therapy may complement other therapies to improve the quality of life in people with Parkinson's.

BRAIN BANK RESEARCH PROGRAM

Parkinson's Victoria continued to provide ongoing support to the Brain Bank and Registry. The Brain Bank provides researchers with tissue samples to enable valuable insights into the pathogenesis of Parkinson's and Atypical Parkinson's and thereby contributing to numerous research projects.

From September 2016 to August 2017, Brain Bank collected, processed and stored 79 new brain donations. 20 cases were confirmed neuropathologically as either Parkinson's or Atypical Parkinson's. 6 new or continuing Australian and international research projects have applied and been granted access to Parkinson's related tissues, quantifiable by the provision of 1,221 diseased and control brain samples.

INSEARCH PARKINSON'S RESEARCH SERIES

A series of public lectures providing insights in to the latest treatments for Parkinson's was held in April 2017.

Melbourne Public Lecture

This year, almost 300 members and guests arrived at the Melbourne Brain Centre in Parkville on World Parkinson's Day to hear from international neurologist and researcher Prof. David Devos. This public lecture helped members learn more about the science behind the latest developments in Parkinson's research and to better understand the potentially ground breaking European clinical trial set to change the course of Parkinson's in the next 5 years.

Albury Public Lecture

In partnership with Parkinson's NSW and the Florey Institute of Neuroscience and Mental Health, this lecture featured Prof. Simon Lewis and Assoc. Prof. David Finkelstein. In his presentation Prof. Simon Lewis stripped away the hype surrounding some research and treatment advances shared in the media and on social media.

Ballarat Public Lecture

In addition to Assoc. Prof. David Finkelstein sharing details of recent advancements in Parkinson's research, Assoc. Prof. Jenny McGinley provided insights into her research into the positive value and impact that regular physical activity may have on managing the symptoms of Parkinson's. She shared emerging evidence that suggests regular intense physical activity has the possibility of improving Parkinson's symptoms, including sleep, mood, fatigue, balance, constipation and quality of life.

MELBOURNE SCIENTIFIC SYMPOSIUM

Held in collaboration with the Melbourne Brain Institute and Florey Institute of Neuroscience, this symposium brought together over 100 clinical researchers to explore and understand the latest developments in Parkinson's research.



PARKINSON'S FELLOWSHIP PROGRAM

The Argyrou Family Fellowship (\$70,000)

Awarded to Dr Joanne Wittwer, School of Allied Health, La Trobe University in 2016

COMPLETE

Community Fellowship (\$30,000)

Awarded to Dr Kelly Bertram, Alfred Hospital in 2016

PROGRESS REPORT RECEIVED

Atypical Fellowship (\$55,000)

Dr. Sarah Stephenson, Neurogenetics Laboratory, Murdoch Children's Research Institute in 2016

AWARDED SECOND YEAR OF FUNDING

PARKINSON'S SCHOLARSHIP PROGRAM

The Argyrou Family Scholarship (\$15,000)

Awarded to Ms Sonia Rao, Florey Institute of Neuroscience & Mental Health in 2016

AWARDED SECOND YEAR OF FUNDING

ATTITUDINAL SURVEY IDENTIFIES WHAT VICTORIANS DON'T KNOW ABOUT PARKINSON'S

In support of the Parkinson's Victoria new strategic plan, an attitudinal research study was commissioned to better understand community recognition and knowledge of Parkinson's and to measure the issues impacting Victorians with Parkinson's.

The findings found that as a result of having Parkinson's:

- 1 in 2 people feel socially isolated
- 1 in 5 have lost confidence
- 84% have reduced their work hours
- 58% stopped work entirely

The results from the general population indicate that although the name Parkinson's is well known, there is a differing depth of understanding of the condition:

- 10% have a high degree of confidence that they are aware of the impact of the condition
- 54% believe that Parkinson's is a terminal condition
- 72% didn't know 1 in 5 people are diagnosed in their working age
- 50% mistakenly believe all people living with Parkinson's experience body tremors/shaking

These results will guide the future direction of awareness and education campaigns for Parkinson's Victoria.

In our Community

SIR ZELMAN COWEN AWARD

Each year, Parkinson's Victoria presents the Sir Zelman Cowen Award to an individual in recognition of their invaluable contribution to Parkinson's Victoria and people living with Parkinson's.

Peter Raymond was our recipient in 2016.

Peter joined Parkinson's Victoria in 2005, joining the Board in 2006. In 2012/13 Peter served as President of Parkinson's Victoria as well as on the Board of Parkinson's Australia. He resigned from both positions early in 2014 to spend more time with his family and concentrate on his health whilst living with Parkinson's.

Peter has been a Parkinson's Victoria Ambassador for 9 years helping to raise awareness of Parkinson's in the community and coordinated the program in a voluntary capacity for some years. He has been a regular and successful fundraiser for Parkinson's Victoria, raising a total of \$50,000 over the years. In 2014 Peter underwent DBS surgery on national television, increasing community awareness.

200TH ANNIVERSARY MORNING TEA AT GOVERNMENT HOUSE

On 10 May 2017, The Honourable Linda Dessau AC, Governor of Victoria, acknowledged the 200th anniversary of Parkinson's at an informal morning tea at

Government House.

Thirty guests including past Sir Zelman Cowen winners, researchers, clinicians, board members, major donors, partners and significant volunteers joined CEO Emma Collin and Assoc. Prof. David Finkelstein to mark the occasion.



Image: Peter Raymond

A Walk in the Park 2016

A Walk in the Park is the largest fundraising event for Parkinson's Victoria. It is a day to celebrate and support people living with Parkinson's and bring the community together in a memorable and uplifting way.

Sunday 28th August marked the eighth A Walk in the Park event where participants once again enjoyed entertainment in Melbourne's Federation Square and then walked the 2km or 4 km circuit along the banks of the Yarra River. Some walked to support those in the community with Parkinson's and Atypical Parkinson's; many walked in memory of loved ones.

Parkinson's Victoria is especially grateful to the 1,355 fundraisers who gave over \$221,000 to support people with Parkinson's and advance the search for a cure. The inaugural 1K Club welcomed 38 fundraisers into its membership, who collectively raised \$85,000 or 42% of our online fundraising contribution.

Special thanks to the A Walk in the Park 2016 Ambassadors who graciously volunteered their time to share their stories with the media and extend awareness of Parkinson's into the community. They include:

- Anne Atkin
- Cheryl Jones
- Ester Gardner
- Geoff Constable
- Judy Phelan
- Peter Raymond

The following support groups and community leaders hosted regional A Walk in the Park events; their time and energy was instrumental in creating events in these key areas. Together they raised \$5,500.

- Vale Val Lester – Bendigo
- Cheryl Barnes - Mildura
- John McRobert – Horsham
- Andrew Suggett – Warrnambool
- Alys Cummings – Wodonga
- Judy Ramsdale – Yarrawonga

“It is such a community affair that raises the spirit of everyone involved and breaks the isolation so many can feel. Congratulations to Parkinson's Victoria for organising such a terrific event that raises spirits as well as money.”

Mark Silver on behalf of the Zamponistas

Over 650
participants in six regional walks across Victoria

Over 2,800
participants in Melbourne

3.19m
people reached through media coverage

Over \$221K
in donations raised to support people with Parkinson's

Over 135
volunteers donated their time



Our Supporters

In 2016-17, fundraising represented 80% of our overall income.

MAJOR DONORS AND BEQUESTS

It's because of generous donations that Parkinson's Victoria can continue to deliver essential services and contribute to Parkinson's research.

We greatly appreciate the significant contributions made by the following individuals, organisations, trusts and foundations.

Bequests

- Estate of Peter John Craig
- Estate of Eva Rifka Knox
- Estate of Kathleen Mavis Allen
- Estate of Bessie Mary Thompson
- Estate of Julia Therese Kelly
- Estate of Doreen Isabel Molan
- Estate of Margaret Jennifer Scarlett
- Estate of Dorothy Joan England
- Estate of Alfred Noel Curphy
- Estate of Lawrence Patrick Wallace
- Estate of Ronald William Snell
- Estate of Joe White

Community Fundraisers

- Mildura Parkinson's Support Group
- Bree & Sam Wolany
- Sarah Lenane
- Nikole Zabitis
- Rotary Club of Templestowe
- Kong Chew Society
- Shepparton Parkinson's Support Group

Trusts and Foundations

- G&I Meagher Charitable Trust
- Barbara Luree Parker Foundation Ltd
- O'Sullivan Family Gifts
- Hugh Williamson Foundation

PARKINSON'S 200TH ANNIVERSARY DINNER

A highlight of the 200th anniversary celebration calendar was the Parkinson's dinner held in April in the Main Hall at the Hawthorn Arts Centre. While recognising that 200 years is too long to wait for a cure, the dinner raised \$15,000 to part fund a PhD Research Scholarship. Geoff Serpell of the Victoria Welsh Choir led the ParkinSong group and instrumental quarter as over 130 guests arrived.

Master of Ceremonies for the evening was Past District Governor of Rotary District 9810, Tony Monley OAM. Marina Prior also performed accompanied on the grand piano by pianist David Cameron. Prof. David Williams gave an engaging address on the progress of research into Parkinson's. A special thanks to Keith Anderson, Leader of the Manningham Support Group, Kathy Monley, President of the Rotary Club of Templestowe and Graham Kane for their outstanding support.



Increasing Impact through Partnership

It is the generosity and passionate commitment of our corporate, community partners and volunteers that make it possible for Parkinson's Victoria to support people living with Parkinson's.

In 2016-17, we were proud to partner with:

In-kind support

- Activate Strategy Group
- Advantage Advisors
- Maurice Blackburn
- MLC

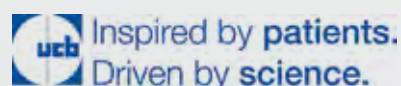
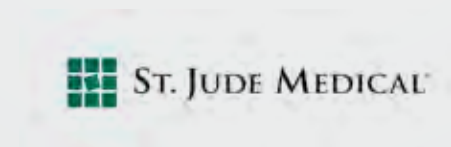
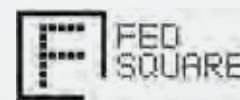
Community partners

- Alfred Health
- Brainlink
- Calvary Health Care Bethlehem
- Epilepsy Foundation
- Florey Institute of Neuroscience & Mental Health
- Goulburn Valley Health
- Monash Health
- Monash University
- La Trobe University
- Shake It Up Foundation
- University of Melbourne

Information Line

- Victoria State Government

Corporate partners



Treasurer's Report

Parkinson's Victoria reported a surplus for this financial year (\$632,792) due to higher than average bequest income and the implementation of its Investment Strategy, which delivered a 100% increase on investment returns.

This year's result exceeded expectations, with a total increase in our revenue of 31% (\$541,320) and a decrease in our expenditure of 6% (\$109,814). The decrease in expenditure was due to operational savings and a decrease in research allocation.

Once again our community's commitment to research exceeded expectations, with fundraising revenue growth of 43% (\$292,846). Our allocated research programs received \$160,020 with program allocation of \$85,000 deferred until 2017/18 where significant program growth is expected in grants and new research partnerships.

This year we marked the 200th anniversary of Parkinson's being recognised as a condition and leveraged a global campaign #UniteForParkinson's to create greater awareness for Parkinson's and the importance of Parkinson's research. In addition, the annual A Walk in the Park was a success again this year earning a net revenue of \$169K. Overall fundraising revenue including bequests grew by 33%.

Parkinson's Victoria has continued to maintain a strong financial position with a 31% increase in total revenue of \$2.28M and a 24% increase in net assets to \$3.32m.

With the completion of the Parkinson's Victoria Strategic Plan 2017-21, the foundation has been set for future growth of our investment in new and existing services and research as well as growth in our revenue.



Adam Conrad
Treasurer



Auditor's Report



Advantage Advisors Audit Partnership

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INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF PARKINSON'S VICTORIA LIMITED

Opinion

We have audited the accompanying financial report of Parkinson's Victoria Limited, which comprises the statement of financial position as at 30 June 2017, the statement of profit or loss and other comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies and the directors declaration.

In our opinion the financial report of Parkinson's Victoria Limited has been prepared in accordance with Division 60 of the *Australian Charities and Not-for-profits Commission Act 2012*, including:

- (a) giving a true and fair view of the company's financial position as at 30 June 2017 and of its financial performance and cash flows for the year ended on that date; and
- (b) complying with Australian Accounting Standards to the extent described in Note 1, and Division 60 the *Australian Charities and Not-for-profits Commission Regulation 2013*.

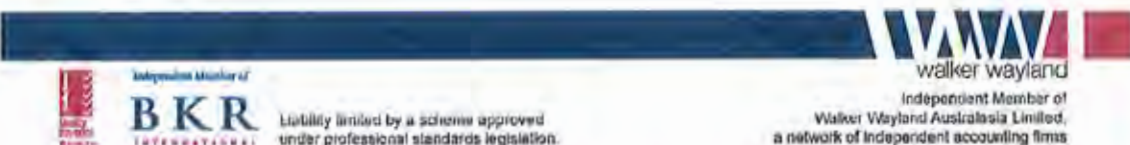
Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Report section of our report. We are independent of the Entity in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 Code of Ethics for Professional Accountants (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter - Basis of Accounting

Without modifying our opinion, we draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared for the purpose of fulfilling the responsible entities' financial reporting responsibilities under the ACNC Act. As a result, the financial report may not be suitable for another purpose.



Auditor's Report cont...



INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF PARKINSONS VICTORIA LIMITED (Continued)

Directors' Responsibility for the Financial Report

The directors of the company are responsible for the preparation of the financial report that gives a true and fair view and have determined that the basis of preparation described in Note 1 to the financial report is appropriate to meet the requirements of the ACNC Act, and for such internal control as the directors determine is necessary to enable the preparation of a financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the directors are responsible for assessing the Entity's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless management either intends to liquidate the Entity or to cease operations, or has no realistic alternative but to do so.

Auditor's Responsibility

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgment and maintain professional scepticism throughout the audit.

We identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

We obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Company's internal control.

We evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.

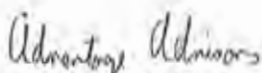
We conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Company to cease to continue as a going concern.

**INDEPENDENT AUDITOR'S REPORT
TO THE MEMBERS OF PARKINSONS VICTORIA LIMITED (Continued)**

We evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation. We communicate with the directors regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Independence

In conducting our audit, we have complied with the independence requirements of the *Australian Charities and Not-for-profits Commission Act 2012*. We confirm that the independence declaration required by the *Australian Charities and Not-for-profits Commission Act 2012*, which has been given to the directors of Parkinson's Victoria Limited, would be in the same terms if given to the directors as at the time of this auditor's report.

A handwritten signature in black ink that reads 'Advantage Advisors'.

**ADVANTAGE ADVISORS AUDIT PARTNERSHIP
CHARTERED ACCOUNTANTS**

A handwritten signature in black ink that appears to read 'Ben Bester'.

**BEN BESTER
PARTNER**

Dated in Melbourne on this 16 day of October

2017

Financials

STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME FOR THE YEAR ENDED 30 JUNE 2017

	2017 \$	2016 \$
Revenue	1,741,902	1,285,404
Research Revenue	292,846	218,103
Victorian Dept of Human Services Grant	251,717	241,640
Employee Benefits expense	(855,720)	(910,383)
Depreciation amortisation expenses	(18,295)	(16,300)
Operating Lease expense	(41,316)	(81,012)
Finance costs	(14,064)	(2,614)
Research expenses	(160,020)	(240,497)
Other expenses from ordinary activities	(564,258)	(512,683)
Current year surplus/(deficit) before income tax	632,792	(18,342)
Income tax expense	-	-
Net current year surplus/(deficit)	632,792	(18,342)
Other comprehensive income:		
Items that will not be reclassified subsequently to profit or loss	-	-
Items that will be reclassified subsequently to profit or loss when specific conditions are met	-	-
Total other comprehensive income for the year	-	-
Total comprehensive income for the year	632,792	(18,342)
Total comprehensive income attributable to members of the entity	632,792	(18,342)

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 30 JUNE 2017

	2017 \$	2016 \$
CASH FLOWS FROM OPERATING ACTIVITIES		
Receipts from donations and bequests	1,910,012	1,471,000
Government grant	251,717	241,640
Payments to suppliers and employees	(1,677,435)	(1,701,296)
Interest received	21,135	65,470
Net cash (used in)/generated from operating activities	505,429	76,815
CASH FLOWS FROM INVESTING ACTIVITIES		
Purchase for plant and equipment	(28,943)	(5,330)
Investment in Financial Assets	(2,465,276)	-
Income from Investments	115,977	-
Management fees for Investments	(11,885)	-
Net cash used in investing activities	(2,390,127)	(5,330)
CASH FLOWS FROM FINANCING ACTIVITIES		
Finance Costs	-	-
Net cash (used in)/generated from Financing activities	-	-
Net decrease in cash held	(1,884,699)	81,435
Cash on hand at the beginning of the financial year	2,875,326	2,793,891
Cash on hand at the end of the financial year	990,628	2,875,326

**STATEMENT OF FINANCIAL POSITION
AS AT 30 JUNE 2017**

	2017 \$	2016 \$
ASSETS		
CURRENT ASSETS		
Cash and cash equivalents	990,628	2,875,326
Accounts receivable and other debtors	41,226	23,989
Inventories	5,433	6,550
Other current assets	74,998	52,016
TOTAL CURRENT ASSETS	1,112,285	2,957,881
NON-CURRENT ASSETS		
Plant and equipment	33,999	23,215
Financial Assets at fair value through Profit or Loss account	2,465,276	-
TOTAL NON-CURRENT ASSETS	2,499,275	23,215
TOTAL ASSETS	3,611,560	2,981,096
LIABILITIES		
CURRENT LIABILITIES		
Accounts payable and other payables	109,510	134,995
Provisions for Employee Benefits	77,459	83,111
Revenue received in advance	87,884	63,109
TOTAL CURRENT LIABILITIES	274,853	281,215
NON-CURRENT LIABILITIES		
Provisions for Employee Benefits	11,657	7,624
TOTAL NON-CURRENT LIABILITIES	11,657	7,624
TOTAL LIABILITIES	286,510	288,839
NET ASSETS	3,325,050	2,692,257
MEMBERS' FUNDS		
Members' funds	2,685,640	2,207,692
Research Funds	639,410	484,565
TOTAL MEMBERS' FUNDS	3,325,050	2,692,257

**STATEMENT OF CHANGES IN EQUITY
FOR THE YEAR ENDED 30 JUNE 2017**

	Members' funds \$	Research funds \$	Retained surplus \$
Balance at 1 July 2015	2,203,639	506,960	2,710,599
Comprehensive income			
Surplus/(deficit) for the year	4,053	(22,395)	(18,342)
Other comprehensive income for the year	-	-	-
Total comprehensive income attributable to members of the entity	4,053	(22,395)	(18,342)
Balance at 30 June 2016	2,207,692	484,565	2,692,257
Comprehensive income			
Surplus/(deficit) for the year	477,948	154,845	632,792
Other comprehensive income for the year	-	-	-
Total comprehensive income attributable to members of the entity	477,948	154,845	632,792
Balance at 30 June 2017	2,685,640	639,410	3,325,050

HOW YOU CAN HELP

Thanks to the kind support of individuals, families, corporations, the Victorian State Government and the community, Parkinson's Victoria can continue to enable people living with Parkinson's to lead full and active lives, support the development of more effective treatments and a cure for Parkinson's.

To help us continue our work, send your donation to:

Parkinson's Victoria

PO Box 239, Surrey Hills VIC 3127

Phone us on (03) 8809 9400

Visit parkinsonsvic.org.au to make an online donation

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