# The Australian Parkinson's Pain Study (APPS)



Rosemary Bryant AO Research Centre



#### What is the APPS?

The purpose of the APPS is to investigate the characteristics and treatment of pain in Parkinson's. This information will enable the researchers to develop:

- > A comprehensive profile of pain experienced by people with Parkinson's.
- > A deeper understanding of the needs of people with Parkinson's in the management of pain symptoms.
- > A set of patient centred recommendations that may be used to advance the provision of pain care services.

### Who can participate?

Persons that: (a) have been diagnosed with Parkinson's; (b) have experienced pain symptoms in the past month; (c) are an Australian citizen or permanent resident currently living in Australia; and (d) are aged 18 years or older.

## What does participation involve?

Participation involves completing an online survey. The survey includes questions about the nature of participants' pain symptoms and the steps they have taken in managing their pain.

# Scan the QR code if you would like to participate



or visit: www.australianparkinsonspainstudy.com.au

### Confidentiality and ethics

All information collected for the study remains confidential in accordance with The Australian National Health and Medical Research Council (NHMRC) Human Research guidelines and the Australian Privacy Act. This study has been approved by the University of South Australia's Human Research Ethics Committee (Ethics Protocol 205671).

# Who is organising and funding the study?

This study is part of a larger PhD research project being undertaken at the Rosemary Bryant AO Research Centre, University of South Australia and is funded through an Australian Government Research Training Program Scholarship and The Hospital Research Foundation Group – Parkinson's. If you would like further information about this study, please contact: anthony.mezzini@mymail.unisa.edu.au Parkinson's is the second most common neurological disease after Alzheimer's



Pain affects up to 85% of people with Parkinson's

Pain is the most bothersome nonmotor symptom in early stage Parkinson's

Pain is one of leading drivers of reduced quality of life in people with Parkinson's