



We invite you to participate in a new study about stigma in Parkinson's.

- Do you have Parkinson's?
- Do you live in the community?
- Do you have a smart phone with data/internet?

What is Stigma?

Stigma is when someone sees you in a negative way because of a particular characteristic, such as having Parkinson's. Stigma in Parkinson's could look like people assuming you were drunk because of how you move, or you avoiding eating out because people stare at you.

We want to understand what stigma looks like in real life including when and where it happens, who it comes from and what it looks like. By exploring these everyday experiences, we will gain a better understanding of how stigma affects people with Parkinson's. This understanding is essential for developing effective ways to reduce the impact, promote social inclusion and participation and to improve quality of life for people with Parkinson's.

What does Participation Involve?

- A 90-minute in person or online assessment and setting up the survey app on your phone
- Doing 4 short stigma surveys a day for 7 days (~90 mins total)
- 60-minute focus group discussion following the survey period
- We will share a summary of research findings with you

Expressions of Interest

To express your interest in participating, please scan the QR code or click [here](#) and complete the online registration form.

For more information, contact Dr Libby Proud on (03) 8344 3920 or lproud@uimelb.edu.au

Ethics Approvals: (UniSC) S252164 and (UniMelb) 2026-36999-83061-1)

